



Measuring Bullying Victimization, Perpetration, and Bystander Experiences: A Compendium of Assessment Tools is a publication of the National Center for Injury Prevention and Control of the Centers for Disease Control and Prevention.

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# Measuring Bullying Victimization, Perpetration, and Bystander Experiences:

**A Compendium of Assessment Tools** 

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Centers for Disease Control and Prevention

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# Introduction and Definition of the Problem

Bullying, particularly among school-age children, is a major public health problem both domestically and internationally (Nansel, Craig, Overpeck, Saluja, & Ruan, 2004). Current estimates suggest that nearly 30% of American adolescents reported at least moderate bullying experiences as the bully, the victim, or both. Specifically, of a nationally representative sample of adolescents, 13% reported being a bully, 11% reported being a victim of bullying, and 6% reported being both a bully and a victim (Nansel et al., 2001).

How bullying experiences are defined and measured, however, varies greatly. Much of the work on bullying has adopted the definition of Daniel Olweus, whose work in the 1990s increased attention on bullying as a research topic. According to Olweus, a person is bullied when he or she is exposed repeatedly over time to negative actions by one or more others, excluding cases where two children of similar physical and psychological strength are fighting (Olweus, 1994). Olweus added that bullying can be direct (open attacks that are physical or verbal in nature) and indirect (exclusion). Since the 1990s, researchers have modified Olweus' definition of bullying, for example, to assess the difference in power between bullies and victims (e.g., Vaillancourt, Hymel, & McDougall, 2003). Regarding measurement, some scholars provide respondents with a definition of bullying similar to Olweus' definition (e.g., Nansel, Overpeck, Haynie, Ruan, & Schiedt, 2003) before inquiring about their experiences with bullying, while others measure bullying by providing behaviorally specific questions, such as the frequency of name-calling or hitting (e.g., Bosworth, Espelage, & Simon, 1999).

Despite the variability in the literature, scholars agree that bullying experiences include not only physical aggression, but also verbal aggression, including verbal harassment, spreading rumors, or social rejection and isolation. Moreover, research suggests that boys are more likely to engage in physical aggression, while verbal aggression, often called relational aggression, is more common among girls (e.g., Baldry & Farrington, 2000; Nansel et al., 2001; Rivers & Smith, 1994).

Studies indicate that bullying experiences are associated with a number of behavioral, emotional, and physical adjustment problems. Adolescents who bully others tend to exhibit other defiant and delinquent behaviors, have poor school performance, be more likely to drop-out of school, and be more likely to bring weapons to school (e.g., Berthold & Hoover, 2000; Nansel et al., 2003; Nansel et al., 2004; Sourander, Helstela, Helenius, & Piha, 2000). Victims of bullying tend to report feelings of depression, anxiety, low self-esteem, and isolation; poor school performance; suicidal ideation; and suicide attempts (e.g., Bond, Carlin, Thomas, Ruin, & Patton, 2001; Eisenberg, Neumark-Sztainer, & Perry, 2003; Gladstone, Parker, & Malhi, 2006; Hawker & Boulton, 2000; Klomeck, Marrocco, Kleinman, Schonfeld, & Gould, 2007; Nansel et al., 2004; Sourander et al., 2000). Evidence further suggests that people who are the victims of bullying and who also perpetrate bullying (i.e., bully-victims) may exhibit the poorest functioning, in comparison with either victims or bullies (e.g., Nansel et al., 2004). Emotional and behavioral problems experienced by victims, bullies, and bullyvictims may continue into adulthood and produce long-term negative outcomes, including low selfesteem and self-worth, depression, antisocial behavior, vandalism, drug use and abuse, criminal behavior, gang membership, and suicidal ideation (e.g., Nansel et al., 2001; Gladstone et al., 2006; Hugh-Jones & Smith, 1999; Olweus, 1994).

In the bullying literature, the experiences of bystanders—that is, individuals who watch bullying happen or hear about it—have largely been overlooked (Twemlow, Fonagy, & Sacco, 2004). What is known is that youth who witness bullying often report increased feelings of guilt or helplessness for not confronting the bully and/or supporting the victim (Hoover, Oliver, & Hazler, 1992; O'Connell, Pepler, & Craig, 1999). Additionally, adolescent bystanders may separate themselves from a bullied peer to avoid being bullied (Salmivalli, 2001).



# **Purpose of the Compendium**

This compendium provides researchers, prevention specialists, and health educators with tools to measure a range of bullying experiences: bully perpetration, bully victimization, bully-victim experiences, and bystander experiences. Some researchers continue to examine the risk and protective factors associated with bullying experiences. Others are working to design, implement, and evaluate bully prevention interventions aimed at reducing bully victimization and perpetration, as well as increasing prosocial bystander involvement in bullying situations. The ability to measure bullying experiences broadly and completely is crucial to the success of these activities.

Given that numerous measures of bullying experiences exist, researchers and practitioners—particularly those new to the field—may find it challenging to identify which of the available measures is appropriate for assessing a particular bullying experience. This compendium represents a starting point from which researchers can consider a set of psychometrically sound measures for assessing self-reported incidence and prevalence of a variety of bullying experiences.

# What the Compendium Includes

This compendium contains 33 measures, which were selected using specific procedures. Bullying search terms were drawn from a review of the most salient literature on bullying victimization and perpetration as well as bystander experiences

among adolescents and young adults. These terms were used to conduct searches of multiple electronic databases, which yielded a variety of different measures and scales.

We used the following inclusion criteria:

- To maximize inclusiveness of our review of measures, we included a measure if the article in which it was published referred to the construct "bullying," even if the authors did not assess the power differential and chronicity of the target behavior or did not label the behavior as bullying for the research participants.
- The measure had to assess constructs related to bullying, such as physical aggression, relational aggression, sexualized and homophobic bullying, and bystander experiences.
- The measure had to have been administered to respondents between 12 and 20 years of age.
- Since the bulk of work on bullying began in the 1990s, the measures had to be developed or revised between 1990 and 2007 (when the review of literature was concluded).
- Measures had to be self-administered in English.
- The measure had to be published in a peer-reviewed journal or book, including psychometric information about the measure, when available.

If the authors modified a measure, and the psychometric properties of the modified version had been published, we included only the modified version of the measure in the compendium. The current compendium contains more bullying and

victimization measures than it does bully-victim or bystander measures. This likely reflects the historical focus of the field on either bully perpetration or victimization. As more research identifies the importance of having experiences as both a bully and a victim of bullying, as well as the experiences of bystanders, it is likely more scales will be developed to assess these constructs.

The measures in the compendium are presented to help researchers and practitioners make informed decisions when choosing measures to use in their work. CDC does not endorse any particular scale presented in this compendium. Additionally, it is not an exhaustive listing of available measures. Other measures were identified but could not be included because we were unable to obtain copyright permission. The appendix provides the scale name and the citation of measures for which we did not receive copyright permission to publish.

It should be noted that some of the behaviors assessed by scales included in this compendium are considered crimes (e.g., sexual harassment and physical assault). The inclusion of these scales in this compendium does not diminish the seriousness of such illegal behaviors.

# How the Compendium Is Organized

This compendium includes measures of bully perpetration only (Section A: Bully Only); bully victimization only (Section B: Victim Only); being both a bully and a victim (Section C: Bully and Victim); and being a bully, a bystander (observer), and/or a victim of bullying situations (Section D: Bystander, Bully, and/or Victim). Each section begins with a table summarizing important

information about each of the measures in the section: the name of the measure, developer(s), year of publication, characteristics of the measure, target groups with whom the measure has been tested, and reliability and validity information when known.

For each measure, the compendium provides measure items, response categories, scoring instructions, and the information provided to respondents at the beginning of the measure, when available. Because the majority of the measures in this compendium have been published previously, CDC obtained permission to reprint the measure, either in full or in part, from the author of the measure and the journal in which it was published as necessary. In some cases, the author or publishing company required CDC to include a statement about a scale's copyright status. In those cases, a scale's copyright status is referenced in the summary table at the beginning of each section, and specific copyright information is provided at the end of the scale.

# How to Use the Compendium

When selecting bullying measures for use, researchers, prevention specialists, and health scientists should consider measurement issues such as: what specific bullying experiences he or she is interested in measuring, how bullying is defined by the specific measure, and what reporting time frame is used. Moreover, developing measures that are psychometrically sound and free of bias may not be possible. Thus, the following criteria may be helpful when choosing among measures in this compendium.

General Rating Criteria for Evaluating Measures						
Criterion Rating	Exemplary	Extensive	Moderate	Minimal		
Inter-Item Correlation	Average of 0.30 or better	Average of 0.20 to 0.29	Average of 0.10 to 0.19	Average below 0.10		
Alpha-Coefficient	0.80 or better	0.70 to 0.79	0.60 to 0.69	Less than 0.60		
Test-Retest Reliability	Scores correlate more than 0.50 across a period of at least 1 year.	Scores correlate more than 0.40 across a period of 3–12 months.	Scores correlated more than 0.30 across a period of 1–3 months.	Scores correlated more than 0.20 across less than a 1 month period.		
Convergent Validity	Highly significant correlations with more than two related measures.	Significant correlations with more than two related measures.	Significant correlations with two related measures.	Significant correlations with one related measure.		
Discriminant Validity	Significantly different from four or more unrelated measures.	Significantly different from two or three unrelated measures.	Significantly different from one unrelated measure.	Different from one correlated measure.		



#### **Future Considerations**

Since the 1980s, researchers investigating bullying have made a great deal of progress. The three hallmarks of bullying are (a) aggressive behavior (either physical or relational/verbal) that is (b) repeated over time and (c) involves a real or perceived imbalance of power or strength. All of the bullying measures included in this compendium assess the aggressive nature of the bullying behavior. Many of the measures assess the frequency with which these aggressive behaviors occur. Almost none of the measures, however, address the power differential in the relationship between a bully and his or her victim. With the exception of those measures that specifically define or reference bullying, most of the measures in this compendium could as likely be classified as assessing youth violence and/or aggression as they are classified as assessing bullying. Future measures of bullying need to better assess the power differential between the bully perpetrator and his or her victim.

Future measures also need to better assess bullying of a sexual nature and bullying that occurs electronically. Bullying has been defined as physical or nonphysical bullying behavior that is based on a person's sexual life or gender. Homophobic bullying, teasing, threats, harassment, and assault based on negative beliefs, attitudes, and stereotypes about gays and lesbians, is an example of sexualized bullying that is prevalent among adolescents but remains largely unstudied. Much of the research on homophobic bullying focuses on homosexual respondents (e.g., Rivers, 2001); less

research investigates its use among heterosexual respondents, who are also likely victims of homophobic bullying (e.g., Kimmel & Mahler, 2003). Only one measure was identified for inclusion in the compendium that assesses homophobic bullying.

It is estimated that more than 9 in 10 adolescents use some form of online communication (Center for the Digital Future, 2009), leading to increased opportunities for youth to use and be exposed to bullving online. This electronic aggression, or cyberbullying, is typically defined as intentional and repeated harm inflicted through the use of computers, cell phones, and other electronic devices (Hinduja & Patchin, 2009). Although research indicates that adolescents are more likely to be bullied in person rather than online (e.g., Li, 2007), the effects of these online bullying experiences are not trivial and are often similar to those associated with in-person bullying (Hinduja & Patchin, 2009). Only two measures of electronic aggression were identified for inclusion in this compendium. Future work is needed to expand our knowledge and measurement of electronic aggression.

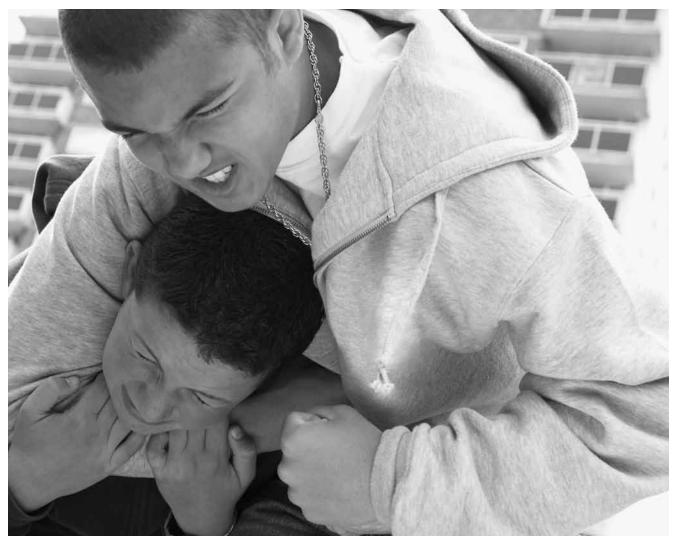
It is our hope that this document will provide a starting point for researchers and others who are interested in studying bullying behavior and serve as a guide for developing future measures that can assess all types of bullying behavior as well as the interpersonal dynamics (e.g., power differentials) that are so important when assessing bullying.



# **Section A:**

# Bully-Only Scales

- A1. Aggression Scale
- A2. Bullying-Behavior Scale
- A3. Children's Social Behavior Scale Self Report
- A4. Modified Aggression Scale



#### **Description of Measures**

Scale/ Assessment	Characteristics	Target Groups	Psychometrics	Developer
A1. Aggression Scale	11-item measure assessing frequency of self-reported perpetration of teasing, pushing, or threatening others.	Youth 10–15 years old	Cronbach's alpha: 0.88 to 0.90	Orpinas & Frankowski, 2001; Orpinas, Horne, & Staniszewski, 2003 © 2001 Sage Publications
A2. Bullying- Behavior Scale	6-item measure to assess bullying behavior at schools.	Youth 8–11 years old	Cronbach's alpha: 0.82	Austin & Joseph, 1996 © 1996 The British Psychological Society
A3. Children's Social Behavior Scale – Self Report	15-item measure with 6 subscales assessing the relative frequency of various types of aggressive and prosocial behaviors and loneliness.	Youth 8–14 years old	Cronbach's alpha: Overt aggression = 0.94 Relational aggression = 0.83 Prosocial behavior = 0.91 Loneliness = 0.92	Crick & Grotpeter, 1995 © 1995 Wiley-Blackwell Publishing
A4. Modified Aggression Scale	9-item measure with 2 subscales assessing bullying behavior and anger. Modified version of the Aggression Scale (A1).	Youth 10–15 years old	Cronbach's alpha: Bullying = 0.83 Anger = 0.70	Bosworth et al., 1999 © 1999 Sage Publications

# **A1. Aggression Scale**

#### Think about what happened DURING THE LAST 7 DAYS, when you answer these questions.

During the last 7 days:	0 times	1 time	2 times	3 times	4 times	5 times	6+ times
I teased students to make them angry.	0	1	2	3	4	5	6+
2. I got angry very easily with someone.	0	1	2	3	4	5	6+
3. I fought back when someone hit me first.	0	1	2	3	4	5	6+
4. I said things about other kids to make other students laugh.		1	2	3	4	5	6+
5. I encouraged other students to fight.	0	1	2	3	4	5	6+
6. I pushed or shoved other students.	0	1	2	3	4	5	6+
7. I was angry most of the day.	0	1	2	3	4	5	6+
8. I got into a physical fight because I was angry.	0	1	2	3	4	5	6+
9. I slapped or kicked someone.	0	1	2	3	4	5	6+
10. I called other students bad names.	0	1	2	3	4	5	6+
11. I threatened to hurt or to hit someone.	0	1	2	3	4	5	6+

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#### **Scoring Instructions**

Point values are assigned as indicated above. This scale is scored by adding responses to all items. Possible score range is 0 to 66 points. Higher scores indicate a greater frequency of engaging in overt and relational aggression.

If four or more items are missing, the score cannot be computed. If three or fewer items are missing, these values are replaced by the respondent's average.

#### References

Orpinas, P., & Frankowski, R. (2001). The Aggression Scale: A self-report measure of aggressive behavior for young adolescents. *Journal of Early Adolescence*, *21*, 50–67.

Orpinas, P., Horne, A. M., & Staniszewski, D. (2003). School bullying: Changing the problem by changing the school. *School Psychology Review*, *32*, 431–444.

#### **Developer's Contact Information**

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# A2. Bullying-Behavior Scale

	Really true for me	Sort of true for me				Sort of true for me	Really true for me
7			Some children do not hit and push other children about	BUT	Other children do hit and push other children about		
15			Some children often bully other children	BUT	Other children do not bully other children		
23			Some children do not laugh at other children	BUT	Other children often laugh at other children		
31			Some children often pick on other children	BUT	Other children do not pick on other children		
39			Some children often tease other children	BUT	Other children do not tease other children		
47			Some children do not call other children horrible names	BUT	Other children often call other children horrible names		

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#### **Scoring Instructions**

Item numbers refer to position inserted on the Self-Perception Profile for Children (SPPC; Harter, 1985). For each question, respondents indicate which of two discordant statements is most like him or her. Then, respondents indicate how true ("really" or "sort of") the statement is for him or her.

Each item is scored 1 (*Really True for Me* on the left side) to 4 (*Really True for Me* on the right side). Items 15, 31, and 39 are reverse-scored. The scale is scored by computing the mean item score (i.e., sum of the items / 6). The scale has a range of 1 to 4. Higher scores indicate greater bullying behavior.

#### References

Austin, S., & Joseph, S. (1996). Assessment of bully/victim problems in 8–11 year-olds. *British Journal of Educational Psychology, 66*, 447–456.

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# A3. Children's Social Behavior Scale – Self Report

#### **Instruction to Respondents**

We are interested in how kids get along with one another. Please think about your relationship with other kids and how often you do these things while you're with them.

#### Sample Items

#### Relational Aggression

- 1. Some kids tell lies about classmates so that the other kids won't like the classmates anymore. How often do you do this?
- 10. Some kids tell their friends that they will stop liking them unless the friends do what they say. How often do you tell friends this?

#### Overt Aggression

- 5. Some kids hit other kids at school. How often do you do this?
- 8. Some kids yell at others and call them mean names. How often do you do this?

#### Prosocial Behavior

- 3. Some kids try to cheer up other kids who feel upset or sad. How often do you do this?
- 7. Some kids help out other kids when they need it. How often do you do this?

#### Loneliness

5. Some kids wish that they had more friends at school. How often do you feel this way?

#### **Response Alternatives**

Never, Almost Never, Sometimes, Almost All of the Time, All of the Time

#### **Scoring Instructions**

Item numbers refer to position inserted on the Children's Social Behavior Scale – Self Report (CSBS-S). Scores on individual items on each subscale are summed and then compared across the sample.

#### References

Crick, N. R., & Grotpeter, J. K. (1995). Relational aggression, gender, and social psychological adjustment. *Child Development*, *66*, 710–722.

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# **A4. Modified Aggression Scale**

Choose how many times you did this activity or task in the last 30 days. In the last 30 days...

	Never	1 or 2 times	3 or 4 times	5 or more times	
Bullying					
1. I pushed, shoved, slapped, or kicked other students.					
2. I called other students names.					
3. I said things about other students to make other students laugh.					
4. I teased other students.					
5. I threatened to hit or hurt another student.					
Anger					
6. I was angry most of the day.					
7. I was grouchy or irritable, or in a bad mood, so even little things made me mad.					
	Never	Seldom	Sometimes	Often	Always
8. I frequently got angry.					
9. I took my anger out on an innocent person.					

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#### **Scoring Instructions**

Point values are assigned as follows:

Never = 0 Never = 0

1 or 2 times = 1 Seldom = 1

3 or 4 times = 2 Sometimes = 2

5 or more times = 3 Often = 3

Always = 4

Scores on the *Bullying* subscale are computed by summing across subscale items. This subscale has a possible range of 0 to 15. Because the response options for the *Anger* subscale are dissimilar across items, individual item scores are converted to z scores and summing across z scores. High scores indicate more bullying behavior and anger.

#### References

Bosworth, K., Espelage, D. L., & Simon, T. R. (1999). Factors associated with bullying behavior in middle school students. *Journal of Early Adolescence*, 19, 341–362.

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# **Section B:**

# Victim-Only Scales

- B1. Gatehouse Bullying Scale
- B2. Multidimensional Peer-Victimization Scale
- B3. "My Life in School" Checklist
- B4. Perception of Teasing Scale (POTS)
- B5. Peer Victimization Scale
- B6. Retrospective Bullying Questionnaire
- B7. Victimization Scale
- B8. Weight-Based Teasing Scale

#### **Description of Measures**

Scale/ Assessment	Characteristics	Target Groups	Psychometrics	Developer
B1. Gatehouse Bullying Scale	12-item measure assessing overt and covert victimization.	Youth 10–15 years old	3-week item test-retest reliability (kappa) ranged from 0.36 to 0.63 (across items)	Bond, Wolfe, Tollit, Butler, & Patton, 2007 © 2007 Blackwell Publishing
B2. Multidimensional Peer-Victimization Scale	16-item measure with 4 subscales assessing physical and verbal victimization, social manipulation, and property attacks.	Youth 11–16 years old	Internal consistency: Physical victimization = 0.85 Verbal victimization = 0.75 Social manipulation = 0.77 Property attacks = 0.73	Mynard & Joseph, 2000 © 2000 John Wiley & Sons Inc.
B3. "My Life in School" Checklist	40-item measure assessing events (including acts of bullying) that might happen in school. 6 items are used to assess bully victimization.	Youth 8–17 years old	Split-half reliabilities for two samples were 0.80 and 0.93	Arora & Thompson, 1987
B4. Perception of Teasing Scale (POTS)	22-item measure assessing the frequency and effect of teasing and bullying.	Youth 17–24 years old	Cronbach's alpha: Weight Teasing = 0.90 Competency Teasing = 0.85	Thompson, Cattarin, Fowler, & Fisher, 1995 © Taylor & Francis, LTD.
B5. Peer Victimization Scale	6-item measure assessing bully victimization problems at school.	Youth 8–11 years old	Cronbach's alpha: 0.83	Austin & Joseph, 1996 © 1996 The British Psychological Society
B6. Retrospective Bulling Questionnaire	44-item measure assessing the frequency, seriousness, and duration of bully victimization in primary and secondary school; bully-related psychological trauma, suicidal ideation if bullied, and bullying in college and the workplace.	Young adults/Adults 18–40 years old	2-month test- retest:  Primary school r = 0.88  Secondary school r = 0.87  Trauma r = 0.77	Shäfer et al., 2004
B7. Victimization Scale	10-item measure assessing the frequency of being teased, pushed, or threatened.	Youth 10–15 years old	Cronbach's alpha: 0.85	Orpinas, 1993
B8. Weight-Based Teasing Scale	5-item measure assessing the frequency of weight-based teasing.	Youth 10–18 years old	Cronbach's alpha: 0.84	Eisenberg et al., 2003

## **B1. Gatehouse Bullying Scale**

- 1a. Has anyone TEASED YOU or CALLED YOU NAMES recently?
  - 0 No (skip to 2a)
  - 1 YES
- 1b. How often?
  - 1 Most days
  - 2 About once a week
  - 3 Less than once a week
- 1c. How upsetting was it when you were teased?
  - 1 Not at all
  - 2 A bit
  - 3 I was quite upset
- 2a. Has anyone spread RUMOURS ABOUT YOU recently?
  - 0 No (skip to 3a)
  - 1 YES
- 2b. How often?
  - 1 Most days
  - 2 About once a week
  - 3 Less than once a week
- 2c. How upsetting were the rumours?
  - 1 Not at all
  - 2 A bit
  - 3 I was quite upset
- 3a. Have you been DELIBERATELY LEFT OUT OF THINGS recently?
  - 0 No (skip to 3a)
  - 1 YES
- 3b. How often?
  - 1 Most days
  - 2 About once a week
  - 3 Less than once a week
- 3c. How upsetting was it being left out of things?
  - 1 Not at all
  - 2 A bit
  - 3 I was quite upset
- 4a. Have you been THREATENED PHYSICALLY OR ACTUALLY HURT by another student recently?
  - 0 No (skip to 3a)
  - 1 YES

- 4b. How often?
  - 1 Most days
  - 2 About once a week
  - 3 Less than once a week
- 4c. How upsetting was it being threatened or hurt?
  - 1 Not at all
  - 2 A bit
  - 3 I was quite upset

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#### **Scoring Instructions**

A score for peer victimization is computed for each of the four types of bullying (teasing, rumors, deliberate exclusion/social isolation, and physical threats/violence). This scale was devised with the objective of rating the severity of peer victimization to which an individual was subjected. Being bullied frequently and being upset by bullying were considered to have equal value; the presence of both factors was considered to be worse than either factor on its own. Thus, the following scale is used to score each of the four types of bullying:

- 0 = Not bullied
- 1 = Bullied but not frequently and not upset
- 2 = Bullied, either frequently or upset, but not both
- 3 = Bullied frequently and upset

Item scores can be used individually or a scale score can be computed by taking the mean item score across the four types of bullying

#### References

Bond, L., Wolfe, S., Tollit, M., Butler, H., & Patton, G. (2007). A comparison of the Gatehouse Bullying Scale and the Peer Relations Questionnaire for students in secondary school. *Journal of School Health*, 77, 75–79.

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gatehouseproject/resources/index.cfm?doc\_id=175

#### **B2. Multidimensional Peer-Victimization Scale**

Below is a list of things that some children do to other children. How often during the last school year has another pupil done these things to you? Please answer by putting a tick in one of the three columns for each of the 16 questions.

	Not at all	Once	More than once
1. Called me names			
2. Tried to get me into trouble with my friends			
3. Took something of mine without permission			
4. Made fun of me because of my appearance			
5. Made fun of me for some reason			
6. Punched me			
7. Kicked me			
8. Hurt me physically in some way			
9. Beat me up			
10. Tried to break something of mine			
11. Tried to make my friends turn against me			
12. Stole something from me			
13. Refused to talk to me			
14. Made other people not talk to me			
15. Deliberately damaged some property of mine			
16. Swore at me			

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#### **Scoring Instructions**

Point values are assigned as follows: Not at all = 0 Once = 1 More than once = 2

Physical victimization scale: Items 6, 7, 8, and 9 Verbal victimization scale: Items 1, 4, 5, and 16 Social manipulation scale: Items 2, 11, 13, and 14 Attacks on property scale: Items 3, 10, 12, 15

Scale scores are computed by summing item responses. Scores on the total scale have a possible range of 0 to 32; scores on each of the four subscales have a possible range of 0 to 8. Higher scores reflect more victimization.

#### References

Mynard, H., & Joseph, S. (2000). Development of the Multidimensional Peer-Victimization Scale. *Aggressive Behavior*, *26*, 169–178.

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# B3. "My Life in School" Checklist

#### **Introducing the Checklist**

Pupils should be given some explanation about why they are being presented with the questionnaire, for example, "We would like to know what happens to people in school. In this booklet are various things that might have happened to you during the last week." At least the first item should be read out loud to the pupils. They should be shown how to complete the questions. Each item can be read out loud, and if there are children with a reading age below 8 years, they may need individual assistance.

#### **Achieving the Right Atmosphere**

Pupils should work individually. Each pupil should have as much privacy as possible. There should be no discussion between pupils whilst the checklist is being completed.

I) SCHOOL LIFE (Enter Year)					
I am:	a girl 🗆	a boy □			
Age		Year			

#### II) MY LIFE IN SCHOOL CHECKLIST

Tick the boxes that are right for you.

This week another child:	Never	Once	More than once
1. Called me names			
2. Said something nice to me			
3. Was nasty about my family			
4. Kicked me/hit me			
5. Was very nice to me			
6. Was unkind to me			
7. Shared something with me			
8. Said they'd beat me up			
9. Asked me for lunch/sweets			
10. Tried to make me give them money			
11. Frightened me			
12. Played with me			
13. Stopped me playing a game			
14. Laughed at me			
15. Got a gang on me			
16. Made me fight			
17. Smiled at me			
18. Tried to get me into trouble			
19. Helped me			
20. Walked with me to school			
21. Told me a joke			
22. Played a nice game with me			
23. Visited me at home			
25. Hurt me/tried to hurt me			
26. Chatted to me			
27. Took something off me			
28. Was rude about the way I looked			
29. Shouted at me			

30. Tripped me up							
31. Said they would tell on me							
32. Spoiled my work							
33. Hid something of mine							
34. Told a lie about me							
35. Helped me with my work							
36. Laughed at me horribly							
37 Made me laugh							
38. Tried to break something of mine							
39. Gave me something nice							
40. Tried to hit me							
41. Said they liked me							
hink of the unfriendly incident that upset you most							

1.	Was the person ☐ Your age		<b>s:</b> □ Younger			
2.	Where did it ha ☐ Class Room		☐ Corridor	☐ Play Ground	☐ Outside School	☐ Elsewhere
3.	Did you tell a n □ Yes	nember of st □ No	aff? 5.	If you did tell s □ Yes	someone, did it help	o?
<b>4</b> .	<b>Did you tell you</b> □ Yes	ur parents? □ No	6.	Should the sch	ool do more to stop	this sort of thing?

### III) HOW I FEEL IN SCHOOL CHECKLIST

Tick the face that shows how you feel

l feel	Нарру	Sad	
On my way to school	☺	⊜	Is there anywhere in school you feel unhappy?
When I'm waiting in the playground	☺	8	
When I'm in the classroom	☺	<b>⊗</b>	
Playtime in the playground	☺	8	Do you tell the teacher if you are unhappy?
Wet playtimes	©	⊗	How can we make you feel safer?
Dinner time in the playground	©	8	
Wet dinner time	©	8	

#### **Scoring Instructions**

Bully Victimization Index: Items 4, 8, 10, 24, 37, and 39

The Index should be used with groups of forty pupils or more (i.e., a whole year group) to establish levels of bully victimization in a school. For groups smaller than forty, the Index will not be sufficiently reliable to allow valid comparisons. For schools with small classes, the Bully Victimization Index can be calculated for the whole school.

#### Steps for scoring the bully victimization index:

#### Step One:

For each of the six items above, count the number of times that a tick was placed under the category "more than once." Do this separately for each of the six key items (items 4, 8, 10, 24, 37, 39).

#### **Step Two:**

Divide the scores for each separate item by the number of checklists completed. This will give you the percentage of pupil responses for each item.

#### **Step Three:**

Add all the six percentages.

#### **Step Four:**

Divide this number by six. Use two decimal points e.g., 7.12 or 8.03. This figure is the "Bully Victimization Index" for your school.

#### **Interpreting the Results: Gender Differences**

Boys' responses are normally around two or three times as high as girls' responses. This does not necessarily mean that boys are bullied more often than girls. Girls are more likely to engage in subtler, indirect forms of bullying and these behaviors are not referred to in the checklist. The six items used to score the bullying index have a bias towards more physical bullying. Consequently, bullying by boys may be detected more easily with the Index than bullying by girls. However, physical and verbal bullying usually co-exist, so a high Bullying Index can be interpreted as indicating the likelihood of a high level of bullying all round, and vice versa.

For the same reasons, girls who are bullied may not be as readily identified with the six items alone. Other items e.g., Item 35, "Laughed at me horribly," or item 38, "Told a lie about me," may be useful in identifying girls' bullying. Alternatively, additional items that refer to more indirect forms of bullying can be included.

#### References

Arora, C. M. J., & Thompson, D. A. (1987). My Life in School Checklist. Cited in Sharp, S. (1999). *Bullying behaviour in schools*. Windsor, Berkshire: NFER-NELSON. Updated by Woverhampton LEA (1992).

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# **B4. Perception of Teasing Scale (POTS)**

The following questions should be answered with respect to the period of time when you were growing up (ages 5–16). First, rate how often you think you have been the object of such behavior (using the scale provided, **never** to **very often**). Second, unless you responded never to a particular question, rate how upset you were by the teasing (**not upset** to **very upset**).

						_
1.	People made fun of you because you were heavy.	Never		Sometimes		Very Often
		1	2	3	4	5
1a.	How upset were you?	Not Upset		Somewhat Upset		Very Upset
		1	2	3	4	5
2.	People made jokes about you being too heavy.	Never		Sometimes		Very Often
		1	2	3	4	5
2a.	How upset were you?	Not Upset		Somewhat Upset		Very Upset
		1	2	3	4	5
3.	People laughed at you for trying out for sports because you were heavy.	Never		Sometimes		Very Often
		1	2	3	4	5
3a.	How upset were you?	Not Upset	_	Somewhat Upset	_	Very Upset
_	Decords and and accompanies of the Market II	1	2	3	4	5
4.	People called you names like "fatso."	Never 1	2	Sometimes 3	4	Very Often
45	How upget wore you?	Not Upset	2	Somewhat Upset	4	Very Upset
4a.	How upset were you?	1	2	3	4	5
5.	People pointed at you because you were overweight.	Never		Sometimes	4	Very Often
٥.	reopie pointed at you because you were overweight.	1	2	3	4	5
5a.	How upset were you?	Not Upset		Somewhat Upset	•	Very Upset
-	non apact nere you.	1	2	3	4	5
6.	People snickered about your heaviness when you walked into a room alone.	Never		Sometimes		Very Often
		1	2	3	4	5
6a.	How upset were you?	Not Upset		Somewhat Upset		Very Upset
		1	2	3	4	5
7.	People made fun of you by repeating something that you said because they thought it was dumb.	Never		Sometimes		Very Often
	, ,	1	2	3	4	5
7a.	How upset were you?	Not Upset		Somewhat Upset		Very Upset
		1	2	3	4	5
8.	People made fun of you because you were afraid to do something.	Never		Sometimes		Very Often
		1	2	3	4	5
8a.	How upset were you?	Not Upset		Somewhat Upset		Very Upset
	·	1	2	3	4	5
9.	People said you acted dumb.	Never		Sometimes		Very Often
		1	2	3	4	5
	11				7	
9a.	How upset were you?	Not Upset	2	Somewhat Upset	4	Very Upset
10.	People laughed at you because you didn't	Never		Sometimes		Very Often
10.	understand something.		2		4	
		1	2	3	4	5
10a.	How upset were you?	Not Upset		Somewhat Upset		Very Upset
		1	2	3	4	5
11.	People teased you because you didn't get a joke.	Never		Sometimes		Very Often
		1	2	3	4	5
11a.	How upset were you?	Not Upset		Somewhat Upset		Very Upset
	. ,	1	2	3	4	5

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#### **Scoring Instructions**

Point values are assessed as indicated above. This tool contains a Weight-Related Teasing (Items 1–6) and a Competency-Related Teasing (Items 7–11) subscale. The subscales are summed and scored separately. The range of scores on the Weight-Related Teasing subscale is 6–30, and the range for the Competency-Related Teasing subscale is 5–25. Higher scores denote higher bullying/teasing victimization frequency.

The tool also assesses the teasing effect for each subscale: Weight Teasing Effect is assessed by items 1a–6a; Competency Teasing Effect is assessed by items 7a–11a. Per the instructions, respondents were only to provide an effect score if they indicated something other than "Never" for the teasing behavior. Effect scores for each subscale are computed by taking the sum of all non-"Never" teasing behaviors in that subscale and dividing by the number of non-"Never" teasing behaviors. For example, if a respondent reported three teasing behaviors on the Weight-Related Teasing subscale,

they should also provide an effect rating for each of those behaviors. The summed effect score would be divided by 3, yielding a mean effect score for the subscale. The range of scores on both effect measures is 1–5, and higher scores indicate more teasing-based distress.

#### References

Thompson, J. K., Cattarin, J., Fowler, B., & Fisher, E. (1995). The Perception of Teasing Scale (POTS): A revision and extension of the Physical Appearance Related Teasing Scale (PARTS). *Journal of Personality Assessment*, 65, 146–157.

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#### **B5. Peer Victimization Scale**

	Really true for me	Sort of true for me				Sort of true for me	Really true for me
3			Some children are <i>often</i> teased by other children	BUT	Other children are <i>not</i> teased by other children		
11			Some children are <i>often</i> bullied by other children	BUT	Other children are <i>not</i> bullied by other children		
19			Some children are <i>not</i> called horrible names	BUT	Other children are often called horrible names		
27			Some children are <i>often</i> picked on by other children	BUT	Other children are <i>not</i> picked on by other children		
35			Some children are <i>not</i> hit and pushed about by other children	BUT	Other children are <i>often</i> hit and pushed about by other children		
43			Some children are <i>not</i> laughed at by other children	вит	Other children are <i>often</i> laughed at by other children		

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#### **Scoring Instructions**

Item numbers refer to position inserted on the Self-Perception Profile for Children (SPPC; Harter, 1985). For each question, respondents indicate which of two discordant statements is most like him or her. Then, respondents indicate how true ("really" or "sort of") the statement is for him or her.

Each item is scored 1 (*Really True for Me* on the left side) to 4 (*Really True for Me* on the right side). Items 3, 11 and 27 are reverse scored so that higher scores indicate greater experience of victimization. The scale is scored by computing the mean item score (i.e., sum of the items / 6). The scale has a range of 1 to 4. Higher scores indicate greater bully victimization.

#### References

Austin, S., & Joseph, S. (1996). Assessment of bully/victim problems in 8–11 year-olds. *British Journal of Educational Psychology, 66*, 447–456.

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# **B6. Retrospective Bullying Questionnaire**

The following questions are about bullying. Bullying is intentional hurtful behavior. It can be physical or psychological. It is often repeated and characterized by an inequality of power so that it is difficult for the victim to defend him/her self.

All answe	ers will be trea	ted confidentially.	
Are You	Male □	Female □	
Age:	<u></u>		
	•	•	een some bullying at school, and you which best describes your own experiences at
I was not	involved at all,	and I never saw it happen	
I was not	involved at all,	but I saw it happen sometimes	
I would so	ometimes join i	n bullying others	
I would so	ometimes get b	ullied by others	
At various	times, I was b	oth a bully and a victim	
•	•	be an incident in which you obs h you felt you were bullied?	erved someone else being bullied
-			
-			

PART I: PRIMARY SCHOOL
This part deals with your experiences at primary school (4–11 years).

Tick the boxes that are	e right for you.			
1. Did you have a ha	appy time at prima	ry school?		
detested	disliked	neutral	liked a bit	liked a lot
2. Did you have a ha	appy time at home	with your famil	ly while in primar	y school?
□ detested	□ disliked	□ neutral	☐ liked a bit	□ liked a lot
The next questions and having things s		cal forms of bu	ıllying – hitting	and kicking,
3. Were you physical	lly bullied at prima	ry school?		
hit/punched	yes □	no 🗆		
stolen from	yes □	no 🗆		
4. Did this happen?				
	□.			
never	rarely	sometimes	frequently	constantly
5. How serious did y	you consider these	bullying-attacks	s to be?	
T '4 111'1				
I wasn't bullied	not at all	only a bit	quite serious	extremely serious
The next questions and being threaten		forms of bull	ying – being cal	led nasty names,
6. Were you verbally	bullied at primary	school?		
called names	yes □	no 🗆		
threatened	yes □	no 🗆		
7. Did this happen?				
never	rarely	sometimes	frequently	constantly
8. How serious did y	you consider these	bullying-attacks	s to be?	
I wasn't bullied	not at all	only a bit	quite serious	extremely serious
The next questions told about you behi				lies or nasty rumours rom social groups.
9. Were you indirectl	-		-	
had lies told abou		no 🗆		
excluded	yes □	no 🗆		

10. Did this happen?					
never	□ rarely	□ sometimes	☐ frequently	□ constantly	
11. How serious did	you consider these	e bullying-attacks	s to be?		
I wasn't bullied	not at all	only a bit	quite serious	extremely serious	
The next questions	s are about bully	ing in general.			
12. How long did the	e bullying attacks u	isually last?			
I wasn't bullied	just a few days	weeks	months	a year or more	
13. How many pupils	s bullied you in pr	imary school?			
I wasn't bullied					
Mainly by one bo	by				
By several boys					
Mainly by one gir	rl				
By several girls					
By both boys and	l girls				
14. If you were bullie	ed, why do you thi	ink this happene	d?		

# PART II: SECONDARY SCHOOL

This part deals with	h your experience	es at secondar	y school (11–18	years).
15. Did you have a ha	appy time at second	dary school?		
detested	disliked	neutral	liked a bit	liked a lot
16. Did you have a ha	appy time at home	with your famil	ly while in second	lary school?
detested	disliked	neutral	liked a bit	liked a lot
The next questions having things stole		al forms of bu	ıllying – hitting	and kicking, and
17. Were you physical	lly bullied at second	dary school?		
hit/punched	yes □	no 🗆		
stolen from	yes □	no 🗆		
18. Did this happen?				
never	rarely	sometimes	frequently	constantly
19. How serious did y	you consider these	bullying-attacks	s to be?	
I wasn't bullied	not at all	only a bit	quite serious	extremely serious
The next questions being threatened.	are about verbal	forms of bull	ying – being call	led nasty names and
20. Were you verbally	bullied at seconda	ry school schoo	ol?	
called names	yes □	no 🗆		
threatened	yes □	no 🗆		
21. Did this happen?				
never	rarely	sometimes	frequently	constantly
22. How serious did y	you consider these	bullying-attacks	s to be?	
I wasn't bullied	not at all	only a bit	quite serious	extremely serious
The next questions told about you behi				lies or nasty rumours rom social groups.
23. Were you indirect	ly bullied at second	lary school?		
had lies told abou	ıt you yes □	no 🗆		
excluded	yes □	no 🗆		

24. Did this happen:					
never	□ rarely	□ sometimes	☐ frequently	□ constantly	
25. How serious did	you consider these	e bullying-attacks	to be?		
I wasn't bullied	not at all	only a bit	quite serious	extremely serious	
The next question	s are about bully	ing in general.			
26. How long did th	e bullying-attacks u	isually last?			
I wasn't bullied	just a few days	weeks	months	a year or more	
27. How many pupi	ls bullied you in se	condary school?			
I wasn't bullied					
Mainly by one b	oy				
By several boys					
Mainly by one g	irl				
By several girls					
By both boys an	d girls				

# PART III: GENERAL EXPERIENCES AT SCHOOL

		L!			
. Do you have vivid r	nemories of th	e bullying event	(s) which keep coming b	oack causii	ng you distress?
ecollections of bein only answer these que	estions, if you w	vere bullied):			
- mave been builted	by officia (pie	аос орсспу <i>)</i> .	<b>-</b>		
I have been bullied		ase specify).			
I haven't been bullied I have been bullied		g school			
. Have you been bull			П		
,	ied since leavi-	na schools	110, more man once		<del>_</del>
No, never		_ ]	Yes, more than once		
<ul> <li>When you were bei or taking your own</li> <li>I wasn't bullied at so</li> </ul>	life?	you ever, even	for a second, think abou  Yes, once	t hurting y	ourself
Only once or twice					
Never	_	]	Maybe once a week Several times a week		
I wasn't bullied at so	_	]	Sometimes		
you were being bull	lied?	_	ng to be sick or by playi	ng truant	
never	rarely	sometimes	frequently	constantly	Į.
. ым шь парреп:	П	П	П	П	
. Did this happen?	, <del>-</del>				
excluded	yes □	no 🗆			
told lies about	yes □	no 🗆			
threatened	yes □	no 🗖			
called names	yes □ yes □	no 🗆			
hit/punched stole from	yes □	no □ no □			
Did you ever take p	, ,	, ,	ou were at school?		
		1.1	1 16		
I got help from frier	nds [	_			_
I fought back		_	Other		
I tried to ignore it	_	<u>-</u> ]	I did not really cope	пузсп	
I tried to avoid the s		<u>-</u> ]	I tried to handle it by n	•	
I tried to make fun		_	•		
		7	T 1 1 f 41-		
(Please tick of I wasn't bullion	one or i	one or more options) ed at school	one or more options) ed at school	one or more options) ed at school	ed at school

36. Do you have dre	eams or nightmare	s about the bullying	g event(s)?		
no, never	not often	sometimes	□ often	□ always	
37. Do you ever feel	l like you are re-liv	ring the bullying ev	ent(s) again?		
no, never	not often	□ sometimes	□ often	□ always	
38. Do you ever hav	re sudden vivid red	collections or "flashl	packs" to the bul	llying event(s)?	
no, never	not often	sometimes	often	always	
39. Do you ever feel	distressed in situa	ntions which remind	l you of the bull	ying event(s)?	
no, never	not often	sometimes	often	always	

#### PART IV: BULLYING OR HARASSMENT IN THE WORKPLACE

41. Have you	ı ever experienced bullying in you	ır workpla	ce?	
I wasn't l	bullied in my workplace		I have been bullied in my present job	
I was bul	llied in one of my previous jobs		I have been bullied in all of my jobs	
I was but previous	llied in more than one of my jobs			
42. Please sta	ate whether you have been bullied	d at work	over the last six months.	
No			Yes, several times per month	
Yes, very	rarely		Yes, several times per week	
Yes, now	and then		Yes, almost daily	
43. If yes, wl	hen did the bullying start?			
Within th	ne last 6 months		Between 6 and 12 months ago	
Between	1 and 2 years ago		More than 2 years ago	
44. If you ha	ve been bullied, what did you do	)		
(Please ti	ick one or more options)			
Tried to a	avoid the situation		Saw my doctor (GP)	
Tried to i	ignore it		I went for counseling	
Confront	ed the bully		I got psychiatric help	
Went to t	the union/staff association		Made use of the organisation's grievance procedure	
Went to j	personnel		I left the job	
Discusse	d it with colleagues		Did not really cope	
Went to	occupational health		Other	
Went to t	the welfare department			

# THANK YOU VERY MUCH FOR YOUR COOPERATION.

#### **Scoring Instructions**

Victims are identified from their responses about frequency and intensity of reported physical, verbal, and indirect bullying. A respondent is considered a victim if they report being bullied in one or more ways "sometimes" or more often (frequency) AND classified the experience as "quite serious" or "extremely serious" (intensity). This measure can be used to differentiate 3 types of victims: those who only experienced victimization in primary school (primary school victims); those who only experienced victimization in secondary school (secondary school victims); and those who experienced victimization in both (stable victims).

#### References

Schäfer, M., Korn, S., Smith, P. K., Hunter, S. C., Mora-Merchán, J. A., Singer, M. M., et al. (2004). Lonely in the crowd: Recollections of bullying. *British Journal of Developmental Psychology, 22,* 379–394.

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## **B7. Victimization Scale**

#### Think about what happened DURING THE LAST 7 DAYS, when you answer these questions.

During the last 7 days:	0 times	1 time	2 times	3 times	4 times	5 times	6+ times
A student teased me to make me angry.	0	1	2	3	4	5	6+
2. A student beat me up.	0	1	2	3	4	5	6+
A student said things about me to make other students laugh (made fun of me).	0	1	2	3	4	5	6+
4. Other students encouraged me to fight.	0	1	2	3	4	5	6+
5. A student pushed or shoved me.	0	1	2	3	4	5	6+
6. A student asked me to fight.	0	1	2	3	4	5	6+
7. A student slapped or kicked me.	0	1	2	3	4	5	6+
8. A student called me (or my family) bad names.	0	1	2	3	4	5	6+
9. A student threatened to hurt or to hit me.	0	1	2	3	4	5	6+
10. A student tried to hurt my feelings.	0	1	2	3	4	5	6+

#### **Scoring Instructions**

Point values are assigned as indicated above. This scale is scored by adding all responses. Possible range is 0 to 60 points. Higher scores indicate a greater frequency of being the victim of overt and relational aggression.

If three or more items are missing, the score cannot be computed. If two or fewer items are missing, these values are replaced by the respondent's average.

#### References

Orpinas, P. (1993). Skills training and social influences for violence prevention in middle schools: A curriculum evaluation. Doctoral dissertation, University of Texas-Houston, School of Public Health. Dissertation Abstracts International, *94-01778*.

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## **B8. Weight-Based Teasing Scale**

### How often do any of the following things happen?

	Never	Less than once a year	A few times a year	A few times a month	At least once a week
1. You are treated with less respect than other people					
2. People act as if they're better than you					
3. You are called names or insulted					
4. You are teased about your appearance					
5. You are teased about your weight					

#### **Scoring Instructions**

Point values are assigned as follows:

Never = 0

Less than once a year = 1

A few times a year = 2

A few times a month = 3

At least once a week = 4

Responses can be used individually or can be summed to create a single scale score; the range for the scale score is 0 to 20. Individual item responses are examined descriptively, and the overall scale score is examined in relationship to school connectedness and academic achievement. Higher scores indicate more weight-based teasing victimization.

#### References

Eisenberg, M. E., Neumark-Sztainer, D., & Perry, C. L. (2003). Peer harassment, school connectedness, and academic achievement. *Journal of School Health*, *73*, 311–316.

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## **Section C:**

# **Bully and Victim Scales**

- C1. AAUW Sexual Harassment Survey
- C2. Adolescent Peer Relations Instrument
- C3. Child Social Behavior Questionnaire
- C4. Homophobic Content Agent Target Scale
- C5. Illinois Bully Scale
- C6. Introducing My Classmates
- C7. Modified Peer Nomination Inventory
- C8. Olweus Bullying Questionaire
- C9. Peer Interactions in Primary School Questionnaire
- C10. Reduced Aggression/Victimization Scale
- C11. School Life Survey
- C12. School Relationships Questionnaire
- C13. Setting the Record Straight

## **Description of Measures**

Scale/ Assessment	Characteristics	Target Groups	Psychometrics	Developer
C1. AAUW Sexual Harassment Survey	14-item measure with 2 subscales assessing the frequency of verbal/non-physical and physical sexual harassment as both the perpetrator and victim.	Youth 10–18 years old	Cronbach's alpha: Physical victimization = 0.91 Verbal victimization= 0.76	American Association of University Women, 2001
C2. Adolescent Peer Relations Instrument	36-item measure with 6 subscales assessing the frequency of physical, verbal, and social bullying as both the perpetrator and victim.	Youth 12–17 years old	Chronbach's alpha: Total bully score = 0.93 Total victim score = 0.95 Subscale scores = 0.83 to 0.92	Parada, 2000
C3. Child Social Behavior Questionnaire	24-item measure with 5 subscales assessing the frequency of prosocial, antisocial, and victimization experiences.	Youth 9–10 years old	Cronbach's alpha: Prosocial = 0.68 Antisocial = 0.63	Warden, Christie, Cheyne, & Fitzpatrick, 2000; Warden, Cheyne, Christie, Fitzpatrick & Reid, 2003
C4. Homophobic Content Agent Target Scale	10-item scale with 2 subscales with 5 items per subscale (i.e., Agent and Target), with 5 response options. The scale assesses frequency of homosexual name-calling directed at different targets by different sources.	Youth 10–18 years old	Cronbach's alpha: Agent subscale = 0.77-0.85 Target subscale = 0.81-0.85	Poteat & Espelage, 2005 © 2005 Springer Publishing Company
C5. Illinois Bully Scale	18-item scale with 3 subscales assessing the frequency of bullying behavior, fighting, and victimization by peers.	Youth 8–18 years old	Cronbach's alpha for subscales: Bullying = 0.87 Fighting = 0.83 Victimization = 0.88	Espelage & Holt, 2001 © 2001 The Haworth Press, Inc
C6. Introducing My Classmates	8-item peer-nomination measure in which respondents identify classmates that are similar to fictitious characters described in each item. Nominations are made from a provided list of all classmates.	Youth 8–12 years old	Evidence of convergent validity	Gotthiel & Dubow, 2001a
C7. Modified Peer Nomination Inventory	26-item peer-nomination measure used to identify same-sex classmates that have bullied others or been the victim of bullying.	Youth 10–14 years old	Cronbach's alpha: Victimization scale = 0.96 Victimization scale: 3-month test-retest reliability = 0.93	Perry, Kusel, & Perry, 1988 © 1988 American Psychological Association (APA) Original Inventory: © 1961 Southern Universities Press
C8. Olweus Bullying Questionnaire	39-item measure assessing the frequency of bully perpetration and victimization.	Youth 11–17 years old	Cronbach's alpha: Bully perpetration = 0.88 Bully victimization = 0.87	Solberg & Olweus, 2003 © Hazelden Publishing

1-item measure with 2 ubscales assessing experience with overt and relational iggression as both the perpetrator and victim. 24-item, 2-part measure, assessing the frequency of ohysical, verbal, and relational oullying as both the perpetrator	Youth 8–12 years old  Youth 8–12 years old	Cronbach's alpha: Victimization = 0.84 Aggression = 0.86  Bully perpetration items: 1-week test-retest reliability	Orpinas & Horne, 2006  Chan, Myron, & Crawshaw,
ssessing the frequency of ohysical, verbal, and relational oullying as both the perpetrator	Youth 8–12 years old	1	
and the victim.		= 0.84  Victimization items: Cronbach's alpha = 0.83  1-week test-retest reliability = 0.94	2005 © 2005, Sage Publications, Ltd.
20-item measure with 4 our subscales assessing the rictimization and perpetration of direct and relational bullying/	Youth 6–9 years old	NA	Wolke, Woods, Bloomfield, & Karstadt, 2000
ubscales assessing bullying and victimization experiences. The measure assesses these experiences from both the espondents' point of view self-report) and how the espondents believe they are	Youth 8–11 years old	Cronbach's alpha: Self-report subscales: Bullying = 0.72 Victimization = 0.88 Perceived peer perception subscales: Bullying = 0.69 Victimization = 0.85	Gottheil & Dubow, 2001b © 2001 The Haworth Press, Inc.
he exp esp sel esp	d victimization experiences. e measure assesses these periences from both the pondents' point of view f-report) and how the	I victimization experiences. The measure assesses these periences from both the pondents' point of view f-report) and how the pondents believe they are	I victimization experiences.  It measure assesses these eleriences from both the condents' point of view f-report) and how the condents believe they are eved by their peers.  I victimization experiences:  Bullying = 0.72  Victimization = 0.88  Perceived peer perception subscales:  Bullying = 0.69



## **C1. AAUW Sexual Harassment Survey**

1. During the last year, how often, if at all, has anyone (this includes students, teachers, other school employees, or anyone else) done the following things TO YOU during school-related times *when you did not want them to?* 

School-related times include when you are on your way to or home from school; when you are on school grounds, including before, during, or after school hours; and when you're on a school trip.

		Never	1-2 times	3-5 times	6+ times	Not Sure
a.	Made sexual comments, jokes, gestures, or looks.	a	b	С	d	e
b.	Showed, gave, or left you sexual pictures, photographs, illustrations, messages, or notes.	a	b	С	d	e
c.	Wrote sexual messages/graffiti about you on bathroom walls, in locker rooms, etc.	a	b	С	d	e
d.	Spread sexual rumors about you.	a	b	С	d	e
e.	Said you were gay or lesbian.	a	b	С	d	e
f.	Spied on you as you dressed or showered at school.	a	b	С	d	e
g.	Flashed or "mooned" you.	a	b	С	d	e
h.	Touched, grabbed, or pinched you in a sexual way.	a	b	С	d	e
i.	Pulled at your clothing in a sexual way.	a	b	c	3	e
j.	Intentionally brushed against you in a sexual way.	a	b	С	d	е
k.	Pulled your clothing off or down.	a	b	С	d	e
l.	Blocked your way or cornered you in a sexual way.	a	b	С	d	e
m.	Forced you to kiss him/her.	a	b	С	d	e
n.	Forced you to do something sexual, other than kissing.	a	b	С	d	e

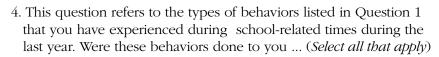
#### If you have answered NEVER to ALL the above listed behaviors in question 1, go to QUESTION 6.

2. This question refers to the types of behaviors listed in Question 1 that you have experienced during school-related times during the last year. Were these behaviors done to you by ... (Select all that apply)

		YES	NO
a.	One person ( a male)	a	b
b.	One person (a female)	a	b
C.	More than one person (all male)	a	b
d.	More than one person (all female)	a	b
e.	More than one person (both male and female)	a	b

3. This question refers to the types of behaviors listed in Question 1 that you have experienced during school-related times during the last year. Were these behaviors done to you by ... (Select all that apply)

		YES	NO
a.	A student	a	b
b.	A former student	a	b
c.	A teacher	a	b
d.	A teacher's aide	a	b
e.	A principal	a	b
f.	A counselor	a	b
g.	A coach	a	b
h.	A substitute teacher	a	b
i.	A bus driver	a	b
j.	Another school employee	a	b
k.	Someone else	a	b



		YES	NO
a.	In a classroom	a	b
b.	In the hall	a	b
c.	In the gym or playing field	a	b
d.	In the cafeteria	a	b
e.	In the locker room area	a	b
f.	In the bathroom	a	b
g.	In the parking lot	a	b
h.	Outside the school (on school grounds) other than the parking lot	a	b
i.	On school transportation on the way to school or on the way home	a	b
j.	At a school-sponsored trip	a	b



5.	. This question refers to the types of behaviors listed in Question 1 that you have experienced during
	school-related times during the last year. Which of the following best describes how you felt right after
	these behaviors were committed? (Select only ONE)

a.	I was very upset	
b.	I was somewhat upset	
c.	I wasn't very upset	
d.	I wasn't at all upset	
e.	Not sure	

6. During the last year, how often, if at all, have YOU done the following things to someone (this includes students, teachers, other school employees, or anyone else) during school-related times when that person did not want you to?

Again, school-related times include when you are on your way to or home from school, when you are on school grounds, including before, during, or after school hours, and when you're on a school trip.

		Never	1-2 Times	3-5 Times	6+ Times	Not Sure
a.	Made sexual comments, jokes, gestures, or looks.	a	b	С	d	e
b.	Showed, gave, or left someone sexual pictures, photographs, illustrations, messages, or notes.	a	b	С	d	e
C.	Wrote sexual messages/graffiti about someone on bathroom walls, in locker rooms, etc.	a	b	С	d	e
d.	Spread sexual rumors about someone.	a	b	С	d	e
e.	Said someone was gay or lesbian.	a	b	С	d	e
f.	Spied on someone as they dressed or showered at school.	a	b	С	d	e
g.	Flashed or "mooned" someone.	a	b	С	d	e
h.	Touched, grabbed, or pinched someone in a sexual way.	a	b	С	d	e
i.	Pulled at someone's clothing in a sexual way.	a	b	С	d	e
j.	Intentionally brushed against someone in a sexual way.	a	b	С	d	e
k.	Pulled someone's clothing off or down.	a	b	С	d	e
l.	Blocked someone's way or cornered someone in a sexual way.	a	b	С	d	e
m.	Forced someone to kiss you.	a	b	С	d	e
n.	Forced someone to do something sexual, other than kissing.	a	b	С	d	e

7. During school-related times in the past year, have you ever directed these types of behaviors listed in Question 6 towards...

	YES	NO
a. A student the same sex as you	a	b
b. A student who is the other sex	a	b
c. A teacher or other school employee the same sex a	is you a	b
d. A teacher or other school employee who is the oth	er sex a	b

8. A list of reasons why people say they have done the types of behaviors in Question 6 to others follows. Do the following reasons describe why you did these towards someone in the past year during school-related times?

		YES	NO
a.	It's just part of school life; a lot of people do it; it's no big deal	a	b
	res just part of school life, a lot of people do it, its no big deal		
b.	I wanted that person to think I had some sort of power over them	a	b
c.	I wanted something from that person	a	b
d.	My friends encouraged me / "pushed" me into doing it	a	b
e.	I thought the person liked it	a	b
f.	I wanted a date with the person	a	b



#### **Scoring Instructions**

Questions 1 and 6:

a = 0 b = 1 c = 2 d = 3 e = missing value For questions 1 and 6: Verbal/non-physical: Items a–g, Physical: Items h–n

Item responses to questions 1 and 6 can be summed to create a total score and/or verbal and physical subscale scores can be separately computed as indicated above. The range for the total scores for these questions is 0 to 72; range for the subscales is 0 to 21. Higher scores indicate more sexual harassment experiences as either a perpetrator or a victim.

Questions 2, 3, 4, 7, and 8: Yes = 1 No = 0 Item responses are summed individually and analyzed accordingly.

#### References

American Association of University Women (2001). Hostile hallways: The AAUW Survey of Sexual Harassment in America's Schools. Washington, DC.

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# **C2.** Adolescent Peer Relations Instrument

## **SECTION A**

Since you have been at this school THIS YEAR how often HAVE YOU done any of the following things to a STUDENT (or students) at this school. CIRCLE THE NUMBER THAT IS CLOSEST TO YOUR ANSWER.

	In the past year at this school I	Never	Sometimes	Once or twice a month	Once a week	Several times a week	Everyday
1.	Teased them by saying things to them	1	2	3	4	5	6
2.	Pushed or shoved a student	1	2	3	4	5	6
3.	Made rude remarks at a student	1	2	3	4	5	6
4.	Got my friends to turn against a student	1	2	3	4	5	6
5.	Made jokes about a student	1	2	3	4	5	6
6.	Crashed into a student on purpose as they walked by	1	2	3	4	5	6
7.	Picked on a student by swearing at them	1	2	3	4	5	6
8.	Told my friends things about a student to get them into trouble	1	2	3	4	5	6
9.	Got into a physical fight with a student because I didn't like them	1	2	3	4	5	6
10.	Said things about their looks they didn't like	1	2	3	4	5	6
11.	Got other students to start a rumor about a student	1	2	3	4	5	6
12.	I slapped or punched a student	1	2	3	4	5	6
13.	Got other students to ignore a student	1	2	3	4	5	6
14.	Made fun of a student by calling them names	1	2	3	4	5	6
15.	Threw something at a student to hit them	1	2	3	4	5	6
16.	Threatened to physically hurt or harm a student	1	2	3	4	5	6
17.	Left them out of activities or games on purpose	1	2	3	4	5	6
18.	Kept a student away from me by giving them mean looks	1	2	3	4	5	6



#### **SECTION B**

Please indicate how often a student (or students) at this school has done the following things TO YOU since you have been at this school this year. CIRCLE THE NUMBER THAT IS CLOSEST TO YOUR ANSWER.

	In the past year at this school	Never	Sometimes	Once or twice a month	Once a week	Several times a week	Everyday
1.	I was teased by students saying things to me	1	2	3	4	5	6
		1	2	3	4	5	
2.	I was pushed or shoved						
3.	A student wouldn't be friends with me because other people didn't like me	1	2	3	4	5	6
4.	A student made rude remarks at me	1	2	3	4	5	6
5.	I was hit or kicked hard	1	2	3	4	5	6
6.	A student ignored me when they were with their friends	1	2	3	4	5	6
7.	Jokes were made up about me	1	2	3	4	5	6
8.	Students crashed into me on purpose as they walked by	1	2	3	4	5	6
9.	A student got their friends to turn against me	1	2	3	4	5	6
10.	My property was damaged on purpose	1	2	3	4	5	6
11.	Things were said about my looks I didn't like	1	2	3	4	5	6
12.	I wasn't invited to a student's place because other people didn't like me	1	2	3	4	5	6
13.	I was ridiculed by students saying things to me	1	2	3	4	5	6
14.	A student got students to start a rumor about me	1	2	3	4	5	6
15.	Something was thrown at me to hit me	1	2	3	4	5	6
16.	I was threatened to be physically hurt or harmed	1	2	3	4	5	6
17.	I was left out of activities, games on purpose	1	2	3	4	5	6
18.	I was called names I didn't like	1	2	3	4	5	6

#### **Scoring Instructions**

Point values are assigned as indicated above. Section A contains the bullying items. Subscale scores are computed as follows: Verbal bullying: Items 1, 3, 5, 7, 10, and 14 Social bullying: Items 4, 8, 11, 13, 17, and 18 Physical bullying: Items 2, 6, 9, 12, 15, and 16

Section B contains the victim items. Subscale scores are computed as follows: Verbal victimization: Items 1, 4, 7, 11, 13, and 18 Social victimization: Items 3, 6, 9, 12, 14, and 17 Physical victimization: Items 2, 5, 8, 10, 15, and 16

Scoring is achieved by adding the items up for each individual total score (bullying and victimization) or for each subscale score (verbal, social, and physical). Any student who scores 18 for either the bullying or victimization total score has never been bullied or has never bullied others. There are no cut off scores for this instrument. For the subscales, a score of 6 means the respondent has never been bullied or has never bullied others in that particular way.

#### References

Parada, R. H. (2000). Adolescent Peer Relations Instrument: A theoretical and empirical basis for the measurement of participant roles in bullying and victimization of adolescence: An interim test manual and a research monograph: A test manual. Penrith South, DC, Australia: Publication Unit, Self-concept Enhancement and Learning Facilitation (SELF) Research Centre, University of Western Sydney.

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# **C3.** Child Social Behavior Questionnaire

	How often do you think you	Often	Sometimes	Never
1.	Help another child in your class with their work?			
2.	Work on a computer?			
3.	Are hit by another child in your class?			
4.	Hit or kick another child?			
5.	Play with another child in your class who has nobody to play with?			
6.	Are left out of a game?			
7.	Push or trip another child in your class on purpose?			
8.	Help another child if they've fallen over or hurt themselves?			
9.	Are picked on by another child in your class?			
10.	Have a school dinner?			
11.	Let another child in your class play with your game or toy?			
12.	Join in with a group of children to hurt another child?			
13.	Are upset because another child keeps being nasty to you?			
14.	Are nice to another child in your class who is sad or unhappy?			
15.	Read a comic or magazine?			
16.	Share crisps or sweets with another child during playtime or dinnertime?			
17.	Stop another child in your class from joining in a game?			
18.	Stick up for another child in your class who is in trouble?			
19.	Spread nasty stories about another child in your class?			
20.	Break another child's things because you want to upset them?			
21.	Play football?			
22.	Cheer up another child who is crying or upset?			
23.	Call another child names or make fun of them because you want to upset them?			
24.	Threaten to hurt another child in your class if they don't do something?			
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NOTE: This scale is the self-report version of the Child Social Behavior Questionnaire. There are also peer-nomination and teacher-rating versions of this scale reported in Warden et al. (2003).

#### **Scoring Instructions**

Point values are assigned as follows: Never = 0

Sometimes = 1

Often = 2

Practical prosocial behavior: Items 1, 8, 11, and 16 Relational prosocial behavior: Items 5, 14, 18, and 22 Overt antisocial behavior: Items 4, 7, 12, and 20 Relational antisocial behavior: Items 17, 19, 23, and 24 Victimization: Items 3, 6, 9, and 13

Scale scores are computed by summing up the respective items scores for each subscale. Each subscale has a range of 0 to 8. High scores indicate more experience with the construct assessed by the subscale.

#### References

Warden, D., Christie, D., Cheyne, B., Fitzpatrick, H., & Reid, K. (2000). *The Child Social Behaviour Questionnaire*. Glascow: University of Strathclyde.

Warden, D., Cheyne, B., Christie, D., Fitzpatrick, H., & Reid, K. (2003). Assessing children's perceptions of prosocial and antisocial behaviour. *Educational Psychology*, *23*, 547–567.

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## **C4. Homophobic Content Agent Target Scale**

#### **Agent Scale**

	Some kids call each other names such as gay, lesbo, fag, etc. How many times during the last week did you say these things to:	Never	1 or 2 Times	3 or 4 Times	5 or 6 Times	7 or more Times
1.	A friend	1	2	3	4	5
2.	Someone I did not know	1	2	3	4	5
3.	Someone I did not like	1	2	3	4	5
4.	Someone I thought was gay	1	2	3	4	5
5.	Someone I did not think was gay	1	2	3	4	5

#### **Target Scale**

	Some kids call each other names such as gay, lesbo, fag, etc. How many times in the last week did the following people call you these things:	Never	1 or 2 Times	3 or 4 Times	5 or 6 Times	7 or more Times
1.	A friend	1	2	3	4	5
2.	Someone I did not know	1	2	3	4	5
3.	Someone who did not like	1	2	3	4	5
4.	Someone I thought was gay	1	2	3	4	5
5.	Someone I did not think was gay	1	2	3	4	5

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#### **Scoring Instructions**

Point values are assigned as indicated above.

Compute separate subscale (Agent and Target) scores by summing the responses to items a—e for each subscale. The Agent subscale emerged as a distinct factor from the Victim subscale in factor analysis; thus, it is inappropriate to compute a total scale score. Scores for each subscale range from 5 to 25. Higher scores on the Agent subscale indicates greater perpetration of homophobic teasing, while higher scores on the Target subscale indicate more experience being the victim of homophobic teasing.

#### References

Poteat, V. P., & Espelage, D. L. (2005). Exploring the relation between bullying and homophobic verbal content: The Homophobic Content Agent Target (HCAT) Scale. *Violence and Victims*, *20*, 513–528.

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## **C5.** Illinois Bully Scale

For each of the following questions, choose how many times you did this activity or how many times these things happened to you in the LAST 30 DAYS.

	8 11 7					
		Never	1 or 2 Times	3 or 4 Times	5 or 6 Times	7 or more Times
1.	I upset other students for the fun of it.	a	b	С	d	e
2.	In a group I teased other students.	a	b	С	d	e
3.	I fought students I could easily beat.	a	b	С	d	е
4.	Other students picked on me.	a	b	С	d	е
5.	Other students made fun of me.	a	b	С	d	е
6.	Other students called me names.	a	b	С	d	е
7.	I got hit and pushed by other students.	a	b	С	d	е
8.	I helped harass other students.	a	b	с	d	е
9.	I teased other students.	a	b	С	d	е
10.	I got in a physical fight.	a	b	С	d	e
11.	I threatened to hurt or hit another student.	a	b	С	d	е
12.	I got into a physical fight because I was angry.	a	b	С	d	е
13.	I hit back when someone hit me first.	a	b	С	d	е
14.	I was mean to someone when I was angry.	a	b	С	d	е
15.	I spread rumors about other students.	a	b	С	d	е
16.	I started (instigated) arguments or conflicts.	a	b	С	d	е
17.	I encouraged people to fight.	a	b	С	d	е
18.	I excluded other students from my clique of friends.	a	b	С	d	e

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#### **Scoring Instructions**

Point values are assigned as follows:

Never = 0

1 or 2 times = 1

3 or 4 times = 2

5 or 6 times = 3

7 or more times = 4

Victim subscale: Items 4, 5, 6, and 7

Bully subscale: Items 1, 2, 8, 9, 14, 15, 16, 17, and 18

Fight subscale: Items 3, 10, 11, 12, and 13

Subscale scores are computed by summing the respective items. The range for the victim subscale is 0 to 16, with higher scores indicating more victimization. The range for the bully subscale is 0 to 36, with higher scores indicating more bully perpetration. The range for the fight subscale is 0 to 20, with higher scores indicating more fighting.

#### References

Espelage, D. L., & Holt, M. (2001). Bullying and victimization during early adolescence: Peer influences and psychosocial correlates. *Journal of Emotional Abuse*, *2*, 123–142.

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## **C6. Introducing My Classmates**

Below you will read brief descriptions of different boys and girls. After reading the descriptions, use the list of students in your class you feel are similar to the boy or girl in the description.

- A. This boy, Felix, is good at sports, has lots of friends, seems to understand his homework, and rarely gets upset.
  - Write the code numbers for all the boys on your list that you feel are like Felix.
- B. This boy, Oscar, is picked on, made fun of, called names, and is hit and pushed by other kids. Kids do mean things to him and try to hurt his feelings.
  - Write the code numbers for all the boys on your list that you feel are like Oscar.
- C. This boy, Alex, is funny, always telling jokes, and making the other kids laugh. He is fun to be around.
  - Write the code numbers for all the boys on your list that you feel are like Alex.
- D. This boy, Johnny, makes fun of people, says he can beat everyone up, hits and pushes others around, tries to pick fights, and if someone gets in his way he is likely to shove that person out of the way
  - Write the code numbers for all the boys on your list that you feel are like Johnny.
- E. This girl, Rachel, is good at sports, has lots of friends, seems to understand her homework, and rarely gets upset.
  - Write the code numbers for all the girls on your list that you feel are like Rachel.
- F. This girl, Loraine, is picked on, made fun of, called names, and is hit and pushed by other kids. Kids do mean things to her, and try to hurt her feelings.

  Write the code numbers for all the girls on your list that you feel are like Loraine.
  - This girl, Lynetta, is funny, always telling jokes, and making the other kids laugh. She is fun to be around.
    - Write the code numbers for all the girls on your list that you feel are like Lynetta.
- H. This girl, Marianna, makes fun of people, says she can beat everyone up, hits and pushes others around, tries to pick fights with people, and if someone gets in her way she is likely to shove that person out of the way.
  - Write the code numbers for all the girls on your list that you feel are like Marianna.

**NOTE:** All students must be provided with a list of names of all the students in the class; each name should be linked with a unique identification code for the respondents to record in response to the survey questions.

#### **Scoring Instructions**

Bully items = D and H; Victim items = B and F. Scores are computed separately by adding up all the nominations a given child receives from his or her classmates on the respective bully and victim items. These scores are then divided by the total number of raters and multiplied by 100 to obtain a percentage score of peernominated bully and victim behavior. Scores can range from 0 to 100 with higher scores reflecting a greater percentage of classmate nominations.

#### References

Gottheil, N. F., & Dubow, E. F. (2001a). The interrelationships of behavioral indices of bully and victim behavior. *Journal of Emotional Abuse*, *2*, 75–93.

Gottheil, N. F., & Dubow, E. F. (2001b). Tripartite beliefs model of bully and victim behavior. *Journal of Emotional Abuse*, *2*, 25–47.

Gottheil, N. F. (2000, August). *Tripartite beliefs models of bully and victim behavior*. Paper session presented at the 108th Annual Convention of the American Psychological Association, Washington, DC.

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## **C7. Modified Peer Nomination Inventory**

1.	S/He's always losing things.	14.	S/He's a good looking kid.
2.	S/He's a fast runner.	15.	Kids do mean things to her/him.
3.	Kids make fun of her/him.	16.	S/He tries to get other people in trouble.
4.	S/He is the kind of kid I like.	17.	S/He's a good friend of mine.
5.	When s/he doesn't get her/his way s/he gets real mad.	18.	S/He hits and pushes others around.
6.	S/He gets beat up.	19.	S/He likes to help the teacher.
7.	S/He has lots of friends.	20.	S/He gets picked on by other kids
8.	S/He's just plain mean.	21.	S/He's good at sports.
9.	S/He shares her/his things with others.	22.	S/He gets hit and pushed by other kids.
10.	S/He gets called names by other kids.	23.	All the kids like her/him.
11.	S/He's a real smart kid.	24.	S/He tries to pick fights with people.
12.	S/He makes fun of people.	25.	Kids try to hurt her/his feelings.
13.	S/He says s/he can beat everybody up.	26.	S/He's a real nice kid.

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Original Peer Nomination Inventory: Copyright©1961 by Southern Universities Press. Reproduced with permission of authors and publisher from: Wiggins, J. S., & Winder, C. L. (1961). The Peer Nomination Inventory: An empirically derived sociometric measure of adjustment in preadolescent boys. Psychological Reports, 9, 643–677. (Monogr. Suppl. 5-V9).

**NOTE:** The names of all same -sex classmates are presented along the top of the survey form and respondents are asked to palce an X under the name of each classmate who fit the behavior described in each item. Respondents are instructed to cross their own name off the list, so they cannot nominate themselves.

#### **Scoring Instructions**

Victimization scale: Items 3, 6, 10, 15, 20, 22, and 25

Aggression scale: Items 5, 8, 12, 13, 16, 18, and 24

A victimization score for each child is computed by calculating the percentage of same-sex classmates who nominated him or her for each victimization item and then totaling these percentages. Because there are seven items on the Victimization scale, it has a range of 0 to 700, with higher values indicate more victimization. An aggression score for each child is computed for each child in an analogous way. Because there are seven items on the Aggression scale, it has a range of 0 to 700, with higher values indicating more aggressive behavior.

#### References

Perry, D. G., Kusel, S. J. & Perry, L. C. (1988). Victims of peer aggression. *Developmental Psychology*, 24, 807–814.

(Original inventory: Wiggins, J. S. & Winder, C. L. (1961). The Peer Nomination Inventory: An empirically derived sociometric measure of adjustment in preadolescent boys. *Psychological Reports*, *9*, 643–677.)

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## **C8. Olweus Bullying Questionnaire**

#### Sample Items

#### **ABOUT BEING BULLIED BY OTHER STUDENTS**

Here are some questions about being bullied by other students. First, we define or explain the word bullying. We say <u>a student is being bullied when another student or several other students</u>:

- say mean and hurtful things or make fun of him or her or call him or her mean and hurtful names;
- completely ignore or exclude him or her from their group of friends or leave him or her out of things on purpose;
- hit, kick, push, shove around, or lock him or her inside a room;
- tell lies or spread false rumors about him or her or send mean notes and try to make other students dislike him or her;
- and other hurtful things like that.

When we talk about bullying, these things happen repeatedly, and it is <u>difficult for the student being bullied to defend himself or herself</u>. We also call it bullying, when a student is teased repeatedly in a mean and hurtful way.

But we <u>don't call it bullying</u> when the teasing is done in a friendly and playful way. Also, it is not bullying when two students of about equal strength or power argue or fight.

4. How often have you been bullied at school in the past couple of months?

I haven't been bullied at school in the past couple of months

It has only happened once or twice 2 or 3 times a month About once a week Several times a week

# Have you been bullied at school in the past couple of months in one or more of the following ways? Please answer all questions.

5. I was called mean names, was made fun of, or teased in a hurtful way.

It hasn't happened to me in the past couple months Only once or twice

2 or 3 times a month About once a week Several times a week

17. How long has the bullying lasted?

I haven't been bullied at school in the past couple

of months

It lasted one or two weeks It lasted about a month It has lasted about 6 months It has lasted about a year.

#### ABOUT BULLYING OTHER STUDENTS

24. How often have you taken part in bullying another student(s) at school the past couple of months?

I haven't bullied another student(s) at school in the past couple of months

It has only happened once or twice

2 or 3 times a month About once a week Several times a week

27. I hit, kicked, pushed and shoved him or her around, or locked him or her indoors.

It hasn't happened in the past couple of months

It has only happened once or twice

2 or 3 times a month About once a week Several times a week

35. Has any adult at home talked with you about your bullying other students at school in the past couple of months?

I haven't bullied other student(s) at school in the past couple of months.

No, they haven't talked with me about it Yes, they have talked with me about it once Yes, they have talked with me about it several times

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#### **Scoring Instructions**

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#### References

Solberg, M., & Olweus, D. (2003). Prevalence estimation of school bullying with the Olweus Bully/Victim Questionnaire. *Aggressive Behavior*, *29*, 239–268..

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## **C9. Peer Interactions in Primary School Questionnaire**

Grade	Date	I am a (circle one)	Boy	Girl
		Pla	ce an X i	n the box.

		A lot	Sometimes	Never
1.	Other students make me cry			
2.	I tease other students			
3.	Other students take things from me that I do not want to give them			
4.	I push or slap other students			
5.	Other students look at me in a mean way			
6.	I tell other students I will hit or hurt them			
7.	At recess, I play by myself			
8.	I say mean things about a student to make other kids laugh			
9.	Another student tells me they will hurt me			
10.	I make other students feel sad on purpose			
11.	I am hit or kicked by other students			
12.	I call other students bad names			
13.	Other students tease me			
14.	I am mean to other students			
15.	Other students ignore me on purpose			
16.	I hit or kick other students			
17.	Other students make me feel sad			
18.	I feel bad because I am mean to other students			
19.	Other students make fun of me			
20.	I want to stay home from school because students are mean to me			
21.	I give other students mean or "dirty" looks			
22.	Other students leave me out of games on purpose			

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#### **Scoring Instructions**

Point values are assigned as follows:

Never = 0 Sometimes = 1 A Lot = 2

Victim subscale: Items 1, 3, 5, 7, 9, 11, 13, 15, 17,

19, 20, and 22

Bully subscale: Items 2, 4, 6, 8, 10, 12, 14, 16,

18, and 21

Items on each subscale are summed. The intended range for the Victim subscale is 0–24, with higher scores indicating more victimization. The intended range for the Bully subscale is 0–20, with higher scores indicating more bully perpetration.

#### References

Tarshis, T. P., & Huffman, L. C. (2007). Psychometric properties of the Peer Interactions in Primary School (PIPS) questionnaire. *Journal of Developmental and Behavioral Pediatrics*, *28*, 125–132.

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## **C10. Reduced Aggression/Victimization Scale**

Think about what happened DURING THE LAST 7 DAYS, when you answer these questions.

	During the last 7 days:	0 times	1 time	2 times	3 times	4 times	5 times	6+ times
1.	How many times did a kid from your school tease you?	0	1	2	3	4	5	6+
2.	How many times did a kid from your school push, shove, or hit you?	0	1	2	3	4	5	6+
3.	How many times did a kid from your school call you a bad name?	0	1	2	3	4	5	6+
4.	How many times did kids from your school say that they were going to hit you?	0	1	2	3	4	5	6+
5.	How many times did other kids leave you out on purpose?	0	1	2	3	4	5	6+
6.	6. How many times did a student make up something about you to make other kids not like you anymore?		1	2	3	4	5	6+
7.	7. How many times did you tease a kid from your school?		1	2	3	4	5	6+
8.	How many times did you push, shove, or hit a kid from you school?	0	1	2	3	4	5	6+
9.	How many times did you call a kid from your school a bad name?	0	1	2	3	4	5	6+
10.	How many times did you say that you would hit a kid from your school?	0	1	2	3	4	5	6+
11.	How many times did you leave out another kid on purpose?	0	1	2	3	4	5	6+
12.	How many times did you make up something about other students to make other kids not like them anymore?	0	1	2	3	4	5	6+

Adapted by Pamela Orpinas from the Aggression Scale: Orpinas & Frankowski, 2001.

#### **Scoring Instructions**

Point values are assigned as indicated above.

Victimization Scale:

Overt aggression: Items 1–4 Relational aggression: Items 5–6

Aggression Scale:

Overt aggression: Items 7–10 Relational aggression: Items 11–12

Each point represents one instance of victimization or aggression reported by the student during the week prior to the survey. If four or more items are missing, the score cannot be computed. If three or fewer items are missing, these values are replaced by the respondent's average. Ranges for the victimization and aggression subscales are 0 to 24 and 0 to 12 for overt and relational aggression, respectively. Higher scores indicate higher levels of victimization and aggression.

#### References

Orpinas, P., & Horne, A. M. (2006). *Bullying prevention: Creating a positive school climate and developing social competence*. Washington, DC: American Psychological Association.

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# C11. School Life Survey

# PART I:

	These questions are about <i>yourself</i> , during the past four weeks in school:	YES	NO	If YES, indicate number of times in the past four weeks
1.	I hit or beat up other students and hurt them.			
2.	I teased other students and made cruel jokes about them.			
3.	I kept those I didn't like from joining in play time or group activities.			
4.	I took things from other students and did not give them back.			
5.	I told other students that I would hurt them.			
6.	I told lies and stories about other students to make them look bad.			
7.	I pushed other students, made them fall and get hurt.			
8.	I said mean things about other students and called them bad names.			
9.	I kept other students from being friends with people I didn't like.			

#### **PART II:**

Did this happen to you, during the past four weeks in school? (Leave the item blank if it did not happen to you). Read the items below and put a check mark in the box  $\square$  for the ones that are true for you. For each item you have checked, write down:

- the number of times it took place during the past four weeks
- the name of the student who did it to you you can write a name more than once
- his/her grade

These questions are about <i>yourself,</i> during the past four weeks in school:	Number of times in the past 4 weeks	Who did this to you?	His/her grade
2. This student said s/he would harm me or do bad things to me.			
3. This student set me up to make others blame me.			
4. This student took my things and did not give them back to me.			
5. This student teased me and made fun of me in a mean way.			
6. This student told lies and stories about me to make others dislike me.			
7. This student broke my things on purpose.			
8. This student called me bad names or made cruel jokes about me.			
9. This student told others not to be my friend.			
10. This student pushed me on purpose, made me fall and get hurt.			
11. This student phoned me to give me a hard time.			
12. This student said s/he would not be my friend if I didn't do what s/he said.			
13. This student locked me up in a room or closed space.			
14. This student made mean jokes, noises, or faces at me when I walked by.			
15. This student made others leave me out of things.			

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# **Scoring Instructions** PART I

Physical Bullying: Items 1, 4, and 7 Verbal Bullying: Items 2, 5, and 8 Relational Bullying: Items 3, 6, and 9

#### PART II

Physical Victimization: Items 1, 4, 7, 10, and 13 Verbal Victimization: Items 2, 5, 8, 11, and 14 Relational Victimization: Items 3, 6, 9, 12, and 15

Underlying the scoring rationale of the questionnaire is a frequency and dura¬tion parameter designed to operationally define persistence over time, and it is the average occurrence of at least one incident per week during the past four weeks, expressed as a frequency of  $f \ge 4$ .

The application of the cut-off criterion at  $P + V + R \ge 4$  (P stands for physical, V for verbal, R for relational) must be considered exploratory. This criterion was chosen for its comparability to other studies in defining a magnitude of weekly occurrence.

It is also reasonable to expect that with equal weight assigned to the three types of bullying and victimization in the combined rates  $P+V+R\geq 4$  cut-off, student's responses will be pushed towards reporting less severe events, which would not have been included as bullying if the global method had been used instead.

Scores on the subscales are computed by summing the reported frequency of occurrence across subscale items. A frequency of four acts during the past four weeks is selected as the cut-off level for determining whether someone has engaged in bully perpetration or experienced bully victimization (e.g.,  $P+V+R \ge 4$ , where P stands for physical, V for verbal, and R for relational).

#### References

Chan, J. H. F., Myron, R. R., & Crawshaw, C. M. (2005). The efficacy of non-anonymous measures of bullying. *School Psychology International*, *26*, 443–458.

#### School Life Survey Disclaimer:

You may use this instrument for the purpose of conducting school surveys, prevention, intervention, and other kinds of anti-bullying work, as well as for research. The usual rules of research ethics need to be observed, and the researchers are expected to explicitly cite the source in all publications.

For the advancement of knowledge, the instrument authors would also like to receive information about studies conducted using this instrument.

The *School Life Survey* (SLS) provides a new procedure for measuring school bullying and victimization, and at this stage, it remains largely experimental in nature. Its properties, administration, and limitations are detailed in Chan's (2002) unpublished doctoral dissertation (Psychology Department, University of Hull, UK). However, it was not intended for public use, and a test manual or interpretive guide has not been compiled to assist those who might be interested in using it.

Anyone choosing to use the *School Life Survey* in its current form, therefore, assumes sole responsibilities for its use and application. Users should be familiar with the Standards for Educational and Psychological Testing (APA, 1999) and are reminded of the need to adhere to

the ethical standards pertaining to research with human participants (e.g., APA Ethical Principles of Psychologists and Code of Conduct, 2002), as well as compliance with local laws and regulations governing the use of the knowledge and data collected using the instrument.

The precautions and ethical issues in relation to conducting non-anonymous surveys were addressed in Chan's original unpublished doctoral dissertation:

Chan, H. F. J. (2002). The *School Life Survey – A new instrument for measuring bullying and victimization*. Unpublished doctoral dissertation, University of Hull, UK.

Some of these issues and ethical dilemmas were discussed in the following article:

Chan, H. F. J., & Rauenbusch, F. (2004). Bullies and victims now have a name and a face. The bully issue. *Orbit Magazine*, 34, 18–21.

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# **C12. School Relationships Questionnaire**

Age:		Gender: male / female	e
ID n	umber:	School:	
expe	eriences you have had	•	n other pupils at school. All of the questions refer to cool year (i.e., since the end of the summer holidays honestly as possible.
	ou have any queries, p questionnaire, please	•	ask. If at any point you do not wish to continue with
			nonymous. The information that you give will not be asked for your name, or anybody else's.
Sect	ion 1. Direct Aggre	ession Received	
This	section asks you abo	out any bullying behavior th	at you have <u>received</u> .
		t about any bullying behavice the end of the summer h	or that may have happened to you since the start of olidays in September).
Plea	se answer the following	ing questions as honestly as	s possible.
Wha	at has happened to	you since the start of thi	is school year?
		hat best fits your experience	
a.	Have you ever had	personal belongings taker	n? yes no
a.	If yes, how often has	•	i. yes 110
			П
	Not very often	Often	Very often
	(1-3 times)	(more than 4 times)	(at least once a week)
b.	Have you been thre	eatened / blackmailed?	yes no
	If yes, how often has	this happened?	
	Not very often	Often	Very often
	(1-3 times)	(more than 4 times)	(at least once a week)
c.	Have you been hit	or beaten up? yes	no
	If yes, how often has	this happened?	
	Not very often	Often	Very often
	(1-3 times)	(more than 4 times)	(at least once a week)
d.	Have other things l	happened to you?	yes no
	If yes, how often has	this happened?	
	Not very often	Often	Very often
	(1-3 times)	(more than 4 times)	(at least once a week)
	Please describe.		

#### Section 2. Verbal and Relational Aggression Received a. Have other pupils called you nasty names? yes no If yes, how often has this happened? Not very often Often Very often (1-3 times) (more than 4 times) (at least once a week) b. Have other pupils not wanted to hang around with you (to make you upset)? ves no If yes, how often has this happened? Not very often Often Very often (1-3 times) (more than 4 times) (at least once a week) c. Have other pupils said they wouldn't be friends with you anymore, or said they would tell-tale (tell other people things about you)? If yes, how often has this happened? Often Very often Not very often (1-3 times) (more than 4 times) (at least once a week) d. Have other pupils told lies, said nasty things, or told stories about you that were not true? If yes, how often has this happened? Not very often Often Very often (1-3 times) (more than 4 times) (at least once a week) e. Have other pupils spoilt activities (for example, sports games or class activities) on purpose (to make you upset)? If yes, how often has this happened? Often Not very often Very often (more than 4 times) (at least once a week) (1-3 times) Section 3. Direct Aggression Given This section asks you about any bullying behavior that you have taken part in. We would like to find out about any bullying behavior that you have carried out since the start of this school year (i.e., since the end of the summer holidays in September). Please answer the following questions as honestly as possible.

****** / 1	1 1	41	•	. 1	1	c	4 1	1 1	2
What have y	VALL DAME TO	Athers	SINCE	the	heamning	At 1	the	SCHOOL	Wear
What have	you done to	ouncis	SHICE	uic	ocgnumig	OI.	uic	SCHOOL	y car.

a.

Please circle the answer that	it best fits your	experience.	For example	e: yes	no

Have you taken oth	no	
If yes, how often have		
Not very often	Often	Very often
(1-3 times)	(more than 4 times)	(at least once a week)

b. Have you threatened / blackmailed someone?

	If yes, how often hav	e you done this?				
	Not very often	Often		Very often		
	(1-3 times)	(more than 4 times)		(at least once a week)		
c.	Have you hit or be	aten someone up? yes	no			
	If yes, how often hav	e you done this?				
	Not very often	Often		Very often		
	(1-3 times)	(more than 4 times)		(at least once a week)		
d.	Have you done any	y other things? yes	no			
	If yes, how often hav	re you done this?				
	Not very often	Often		Very often		
	(1-3 times)	(more than 4 times)		(at least once a week)		
Pl	ease describe.					
						_
						_
						_
ect	ion 4. Verbal and R	Relational Aggression Giv	en			
a.	Have you called ot	her pupils nasty names?	ves	no		
	If yes, how often hav		yes			
	<u>_</u>	_				
	N-4			∐ <i>C</i> r		
	Not very often (1-3 times)	Often (more than 4 times)		Very often (at least once a week)		
	(1-3 times)	(more than 4 times)		(at least office a week)		
b.	Have you not hung	g around with another pup	il/oth	er pupils (to make them upset)?	yes	nc
	If yes, how often hav	e you done this?				
	Not very often	Often		Very often		
	(1-3 times)	(more than 4 times)		(at least once a week)		

yes no

c.	•	er pupils that you did not wan (tell other people things abo	it to be friends with them anymore ut them)? yes no	, or said that			
	If yes, how often have	re you done this?					
	Not very often	Often	Very often				
	(1-3 times)	(more than 4 times)	(at least once a week)				
d.	Have you told lies, yes no	said nasty things, or told stor	ies about other pupils that were no	ot true?			
	If yes, how often have	re you done this?					
	Not very often	Often	Very often				
	(1-3 times)	(more than 4 times)	(at least once a week)				
e. Have you spoilt activities for other pupils (for example, sports games or class activities) on purpose (to make them upset)? yes no							
	If yes, how often have	e you done this?					
	Not very often	Often	Very often				
	(1-3 times)	(more than 4 times)	(at least once a week)				

#### Thank you very much for completing this questionnaire.

#### **Scoring Instructions**

The SRQ is subdivided into four sections: "Direct Aggression Received," "Verbal & Relational Aggression Received," "Direct Aggression Given," and "Verbal & Relational Aggression Given." The SRQ allows the classification of four roles for both direct (physical) and relational bullying: (1) "pure bully" (perpetrator of aggressive acts only), (2) "pure victim" (receiver of aggressive acts), (3) "bully/victim" (both perpetrator and receiver), and (4) "neutral" (non-involvement in bullying or victimization).

Responses are scored 0-2 depending on how frequently the individual has been involved in a victimization or bullying situation ("not very often" = 0, "often" = 1 or "very often" = 2). Scores of 1 or 2 (often or very often) in the "Direct Aggression Received" section result in categorization as a direct victim. Scores of 1 or 2 (often or very often) in the "Direct Aggression Given" section result in categorization as a direct bully. Classification as both a direct victim and a direct bully (scores of 1 or 2, often or very often, in both the "Direct Aggression Received" and "Direct Aggression Given" sections) result in categorization as a direct bully/victim. All other subjects are categorized as direct neutrals. The same principles are applied for categorization as a relational victim, bully, bully/victim, and neutral.

#### References

Wolke, D., Woods, S., Bloomfield, L., & Karstadt, L. (2000). The association between direct and relational bullying and behaviour problems among primary school children. *Journal of Child Psychology and Psychiatry*, 41, 989–1002.

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# C13. Setting the Record Straight

		TRUE	FALSE
1.	My classmates probably think that kids make fun of me.		
2.	Kids make fun of me.		
3.	My classmates probably think that I get beat up.		
4.	I get beat up.		
5.	My classmates probably think that I get called names by other kids.		
6.	I get called names by other kids.		
7.	My classmates probably think that I make fun of people.		
8.	I make fun of people.		
9.	My classmates probably think that kids do mean things to me.		
10.	Kids do mean things to me.		
11.	My classmates probably think that I hit and push others around.		
12.	I hit and push others around.		
13.	My classmates probably think that I get picked on by other kids.		
14.	I get picked on by other kids.		
15.	My classmates probably think that I get hit and pushed by other kids.		
16.	I get hit and pushed by other kids.		
17.	My classmates probably think that kids try to hurt my feelings.		
18.	Kids try to hurt my feelings.		
19.	My classmates probably think that if someone gets in my way I will shove them out of the way.		
20.	If someone gets in my way I will shove them out of the way.		
21.	My classmates probably think that when I get picked on I don't like to fight back.		
22.	When I get picked on I don't like to fight back.		
23.	My classmates probably think that I get teased a lot.		
24.	I get teased a lot.		
25.	My classmates probably think that there are certain kids I like to bother.		
26.	There are certain kids I like to bother.		
27.	My classmates probably think that I can beat everyone up.		
28.	I can beat everyone up.		
29.	My classmates probably think that I don't defend myself.		
30.	I don't defend myself.		

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#### **Scoring Instructions**

Points are assigned as follows:

True = 1 False = 0

Self-report

Victimization subscale: Items 2, 4, 6, 10, 14, 16, 18,

22, 24, and 30

Bully subscale: Items 8, 12, 20, 26, and 28

Perceived peer perception

Victimization subscale: Items 1, 3, 5, 9, 13, 15, 17, 21,

23, and 29

Bully subscale: Items 7, 11, 19, 25, and 27

The score for each of the four subscales is computed by summing item scores, dividing this sum by the total number of items for a given subscale, and multiplying the result by 100 (so that a percentage is obtained). Scores for each subscale range from 0 to 100, with higher scores reflecting more bullying and/or victimization.

#### References

Gottheil, N. F., & Dubow, E. F. (2001a). The interrelationships of behavioral indices of bully and victim behavior. *Journal of Emotional Abuse*, *2*, 75–93.

Gottheil, N. F., & Dubow, E. F. (2001b). Tripartite beliefs model of bully and victim behavior. *Journal of Emotional Abuse*, *2*, 25–47.

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### **Section D:**

# Bystander, Bully, and/or Victim Scales

- D1. Bully Survey
- D2. Cyberbullying and Online Aggression Survey
- D3. Cyber-Harassment Student Survey
- D4. Exposure to Violence and Violent Behavior Checklist
- D5. Gay, Lesbian, Straight, Education Network (GLSEN) National School Climate Survey
- D6. Participant Role Questionnaire
- D7. Peer Estimated Conflict Behavior Inventory
- D8. Student School Survey

## **Description of Measures**

Scale/ Assessment	Characteristics	Target Groups	Psychometrics	Developer
D1. Bully Survey	Multi-part measure assessing experiences with bullying victimization, perpetration, witnessing, and attitudes toward bullying.	Youth 10–18 years old	Cronbach's alpha: Physical bullying = 0.79 Verbal bullying = 0.85	Swearer & Carey, 2003; Swearer, Turner, Givens, & Pollack, 2008
D2. Cyberbullying and Online Aggression Survey	52-item measure with 2 subscales to measure cyberbullying victimization, perpetration, and bystander experiences.	Youth 12–17 years old	Cronbach's alpha: Victimization scale = 0.74 Offending scale = 0.76	Patchin & Hinduja, 2006; Hinduja & Patchin, 2009 © 2009 Sage Publications
D3. Cyber-Harassment Student Survey	15-item measure assessing the respondents' awareness of cyber-harassment and their experience with cyber-harassment as both the victim and perpetrator. The measure also assesses the emotional/behavioral impact of being cyber-harassed.	Youth 12–15 years old	Cronbach's alpha: emotional and behavioral impact = 0.88	Beran & Li, 2005  © Baywood Publishing Co., Inc.
D4. Exposure to Violence and Violent Behavior Checklist	135-item measure assessing violence perpetration, victimization, and witnessing in one's home, school, and neighborhood	Youth 8–12 years old	Evidence of content validity	Nadel, Spellman, Alvarez-Canino, Lausell-Bryant, & Landsberg, 1996
D5. Gay, Lesbian, Straight, Education Network (GLSEN) National School Climate Survey	68-item measure assessing awareness of homophobic verbal bullying and experience with verbal and physical in-school harassment and assault.	Youth 10–18 years old	Cronbach's alpha: 0.70 to 0.90 Evidence of criterion validity	Kosciw & Diaz, 2006
D6. Participant Role Questionnaire	15-item measure with 5 subscales assessing the frequency of bullying perpetration, bullying assistance, reinforcement, defending, and bystander experiences.	Youth 7–10 years old	Cronbach's alpha: Bully scale = 0.93 Assistant scale = 0.95 Reinforcer scale = 0.90 Defender scale = 0.89 Outsider scale = 0.88	Salmivalli, Lagerspetz, Bjorkqvist, Osterman, & Kaukiainen, 1996; Salmivalli & Voeten, 2004 © 1996 John Wiley & Sons Inc.
D7. Peer Estimated Conflict Behavior Inventory	A peer nomination-based measure assessing 7 constructs: physical aggression, verbal aggression, indirect aggression, constructive conflict resolution, third-party intervention, withdrawal, and victimization.	Youth 8–15 years old	Evidence of content validity	Österman et al., 1997
D8. Student School Survey	70-item measure assessing the frequency of bully perpetration, victimization, and bystander behavior. Other subscales include social cohesion and trust, perceived peer support, self-esteem, bully-related attitudes, and informal social control.	Youth 10–17 years old	Cronbach's alpha: Bully perpetration = 0.73 Moral approval of bullying = 0.93 Social cohesion and trust = 0.84 Perceived peer support = 0.79	Williams & Guerra, 2007 © 2007 The Colorado Trust

## D1. Bully Survey

#### The Bully Survey – Student Version (BYS-S)

This project is being undertaken by researchers at the University of Nebraska-Lincoln and Creighton Prep. Participation in this survey is voluntary and you may stop any time you desire.

#### **Instructions:**

In this survey you will be asked to respond to questions and statements about "bullies" and "bullying."

Bullying happens when someone hurts or scares another person on purpose and the person being bullied has a hard time defending himself or herself. Usually, bullying happens over and over. Examples include the following:

- Punching, shoving, and other acts that hurt people physically
- Spreading bad rumors about people
- Keeping certain people out of a "group"
- Teasing people in a mean way
- Getting certain people to "gang up" on others

There are four parts to this survey: (A) When you were bullied by others, (B) When you saw other students getting bullied, (C) When you were a bully, and (D) Your thoughts about bullying.

#### The Bully Survey - Part A

In this part, you will be asked about times when you were bullied.

REMEMBER: Bullying happens when someone hurts or scares another person on purpose and the person being bullied has a hard time defending himself or herself. Usually, bullying happens over and over.

- Punching, shoving, and other acts that hurt people physically
- · Spreading bad rumors about people
- Keeping certain people out of a "group"

•	Teasing people in a mean way		
•	Getting certain people to "gang	up" on others	
Hav	e you been bullied this school	l year?	
	□ Yes □ No		
IF Y	ES, how often have you been	bullied? (Check one)	
	$\square$ one or more times a day,	$\square$ one or more times a week,	$\square$ one or more times a month.
If yo	ou have not been bullied this	year, you may move on to Par	rt B.
1a.	Where have you been bullied	12 Charle all the places	
1a.	□ homeroom	☐ cafeteria	
	☐ academic class	☐ before school	
	□ bus	☐ after school	
	□ gym	☐ dances	
	□ hallway	☐ sporting events	
	☐ bathroom	□ online	
	☐ telephone	☐ text message	

1b. From the list above, circle the ONE place you have been bullied the most.

2.	How	did	you	get bullied?	(Check how	often	this	happened)	)
----	-----	-----	-----	--------------	------------	-------	------	-----------	---

	Never happened	Rarely happened	Sometimes happened	Often happened	Always happened
a. Called me names					
b. Made fun of me					
c. Said they will do bad things to me					
d. Played jokes on me					
e. Won't let me be a part of their group					
f. Broke my things					
g. Attacked me					
h. Nobody would talk to me					
i. Wrote bad things about me					
j. Said mean things behind my back					
k. Pushed or shoved me					
l. Other ways you were bullied:					

<ol><li>Who bullied you most often (check all that a</li></ol>	ıre true):
----------------------------------------------------------------	------------

□ older boys	□ older girls
☐ younger boys	☐ younger girls
□ boys in my grade	☐ girls in my grade
☐ someone who is strong	$\square$ someone who is an adult
☐ someone who is powerful	$\square$ someone who is popular
☐ someone who has many friends	$\square$ someone who is smart
□ other	☐ someone who I didn't know

# 4. How much of a problem was the bullying for you?

	Never a problem	Rarely a problem	Sometimes problem	Often a problem	Always a problem
a. Made me feel sick					
b. I couldn't make friends					
c. Made me feel bad or sad					
d. Made it difficult to learn at school					
e. Didn't come to school					
f. I had problems with my family					
g. Other:					

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ng with other people
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e)
he bully.
ou?

11.	Does anyone bully	you at home? (Chec	k everyone who has bullied you)
	□ no one	□ sister	☐ friend
	☐ father	☐ stepfather	☐ other relative
	☐ mother	☐ stepmother	☐ neighbor
	☐ brother	☐ grandparent	□ other:
11a.	Is the bullying at l	nome different from	the bullying at school? If so, how?
	Bully Survey - Part B is part, you will be as	ked about <u>other</u> studen	nts who have been bullied.
bein	ng bullied has a hard to Punching, shoving, a Spreading bad rumon Keeping certain peop Teasing people in a n	rime defending himself nd other acts that hurt as about people ble out of a "group"	
	☐ Yes ☐ No	·	elf who was bullied this school year? eing bullied? (Check one)
If yo	one or more times	• ′	nore times a week,  one or more times a month.  Deen bullied this year, you may move on to Part C.
1a.	Where was the stu	dent bullied? Check a	all the places:
	☐ homeroom ☐ academic class ☐ bus ☐ gym ☐ hallway ☐ bathroom ☐ telephone	☐ cafeteri ☐ before ☐ after so ☐ dances ☐ sportin ☐ online ☐ text me	ia school chool g events
1b.	From the list above	e, circle the ONE plac	te you saw the student bullied the most.
11000	11 m   11		

#### 2. How did this student get bullied? (Check how often this happened)

	Never happened	Rarely happened	Sometimes happened	Often happened	Always happened
a. Called them names					
b. Made fun of them					
c. Said they will do bad things to them					
d. Played jokes on them					
e. Won't let them be a part of their group					
f. Broke their things					
g. Attacked them					
h. Nobody would talk to them					
i. Wrote bad things about them					
j. Said mean things behind their back					
k. Pushed or shoved them					
I. Other ways they were bullied:					

<b>3</b> . `	Who	bullied	this	student	(check	all	that	are	true)	):
--------------	-----	---------	------	---------	--------	-----	------	-----	-------	----

□ older boys	□ older girls
☐ younger boys	☐ younger girls
□ boys in my grade	☐ girls in my grade
$\square$ someone who is strong	$\square$ someone who is an adult
$\square$ someone who is powerful	$\square$ someone who is popular
☐ somoene who has many friends	$\square$ someone who is smart
□ other	☐ someone who I didn't know

#### 4. How did seeing the bullying affect you?

	Never a problem	Rarely a problem	Sometimes problem	Often a problem	Always a problem
a. Made me feel sick					
b. I couldn't make friends					
c. Made me feel bad or sad					
d. Made it difficult for me to learn					
e. I didn't come to school					
f. I had problems with my family					
g. Other:					

a.	wny ao you i	umik ums stu		
	☐ their face lo	ooks funny		☐ the church they go to
	☐ they are fat			☐ their parents
	☐ they are ski	inny		☐ their brother
	☐ they look to	oo old		☐ their sister
	☐ they look to	oo young		☐ their family is poor
	☐ they are a v	*		☐ their family has a lot of money
	☐ their friend	s are weird		☐ someone in their family has a disability
	$\square$ they are sic	k a lot		☐ they are too tall
	☐ they are dis	sabled		☐ they are too short
	☐ they get go	od grades		☐ they are in special education
	☐ they get ba	d grades		☐ they get angry a lot
	☐ where they	live		☐ they cry a lot
	$\hfill\Box$ the clothes	they wear		☐ they can't get along with other people
	☐ the color of	f their skin		☐ they are gay
	☐ the country	they are from		☐ the way they talk
		r .		
		above, circle		ason this student was bullied.
ó.	From the list	above, circle		ason this student was bullied.  about the bullying that you saw?
•	From the list  Did the teacl	above, circle	ool staff know □ I don't kno	ason this student was bullied.  about the bullying that you saw?
·	From the list Did the teacl Yes How do you	above, circle hers and scho No think your te	ol staff know  I don't kno achers and so	ason this student was bullied.  about the bullying that you saw?  ow  chool staff took care of the bullying?
a.	From the list  Did the teacl  Yes  How do you  Very well	above, circle ners and scho No think your te	ol staff know  I don't kno achers and so  Bad	ason this student was bullied.  about the bullying that you saw?  whool staff took care of the bullying?  I don't know
a.	From the list  Did the teacl  Yes  How do you  Very well	above, circle ners and scho No think your te	ol staff know  I don't kno achers and so  Bad	ason this student was bullied.  about the bullying that you saw?  ow  chool staff took care of the bullying?
ó. ⁄a.	From the list  Did the teacl  Yes  How do you  Very well	above, circle ners and scho No think your te	ol staff know  I don't kno achers and so  Bad	ason this student was bullied.  about the bullying that you saw?  whool staff took care of the bullying?  I don't know
ó. ⁄a.	From the list  Did the teacl  Yes  How do you  Very well	above, circle ners and scho No think your te	ol staff know  I don't kno achers and so  Bad	ason this student was bullied.  about the bullying that you saw?  whool staff took care of the bullying?  I don't know
ó. ⁄a.	From the list  Did the teacl  Yes  How do you  Very well	above, circle ners and scho No think your te	ol staff know  I don't kno achers and so  Bad	ason this student was bullied.  about the bullying that you saw?  whool staff took care of the bullying?  I don't know
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ó. ⁄a.	From the list Did the teacl Yes How do you Very well Tell us what	above, circle hers and scho No think your te Okay the teachers	ol staff know  I don't kno achers and so  Bad	ason this student was bullied.  about the bullying that you saw?  bow  chool staff took care of the bullying?  □ I don't know  aff did to take care of the bullying.
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#### The Bully Survey - Part C

In this part, you will be asked about when you bullied other students.

**REMEMBER:** Bullying happens when someone hurts or scares another person on purpose and the person being bullied has a hard time defending himself or herself. Usually, bullying happens over and over.

- · Punching, shoving, and other acts that hurt people physically
- Spreading bad rumors about people
- Keeping certain people out of a "group"
- Teasing people in a mean way
- Getting certain people to "gang up" on others

yes, how often did you bully this person? (Check one)  one or more times a day, one or more times a week, one or more you never bullied other students this year, go to Part D and answer the rest.  Where did you bully him or her? Check all the places: one or more times a day, one or more times a week, one or more you never bullied other students this year, go to Part D and answer the rest.  Check all the places: one or more times a week, one one or more times a week, one one or more you never bullied other students this year, go to Part D and answer the rest.  Check all the places: one or more times a day, one or more times a week, one one or more you never bullied other students this year, go to Part D and answer the rest.  Check all the places: one or more times a day, one or more times a week, one one or more you never bullied other students this year, go to Part D and answer the rest.  Check all the places: one or more times a day, one or more times a week, one one or more times a week, one one or more you never bullied other students this year, go to Part D and answer the rest.  Check all the places: one or more times a week, one or more times a week, one or more times a week, one or more you never bullied other students this year, go to Part D and answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one or data answer the rest.  Check all the places: one	
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□ homeroom □ cafeteria   □ academic class □ before school   □ bus □ after school   □ gym □ dances   □ hallway □ sporting events	
□ homeroom       □ cafeteria         □ academic class       □ before school         □ bus       □ after school         □ gym       □ dances         □ hallway       □ sporting events	
<ul><li>□ bus</li><li>□ after school</li><li>□ gym</li><li>□ dances</li><li>□ hallway</li><li>□ sporting events</li></ul>	
☐ gym ☐ dances ☐ hallway ☐ sporting events	
☐ hallway ☐ sporting events	
□ bathroom □ online	
☐ telephone ☐ text message	
From the list above, circle the ONE place you bullied the person the most.  How did you bully this person? (Check how often this happened)	-
Never Rarely Sometimes Often Alway happened happened happened happened happened	•
Called them names	
. Made fun of them	
Said they will do bad things to them $\ \square$ $\ \square$ $\ \square$ $\ \square$	
Played jokes on them $ \qquad \qquad \square \qquad \qquad \square \qquad \qquad \square$	l
. Won't let them be a part of my group	i
Broke their things	i
. Attacked them	ı
Didn't talk to them	
	<u> </u>
	]

	Never a problem	Rarely a problem	Sometimes problem	Often a problem	Always a problem
a. Made me feel sick					
b. I couldn't make friends					
c. Made me feel bad or sad					
d. Made it difficult for me to learn					
e. I didn't come to school					
f. I had problems with my family					
g. Other:					
☐ they look too old		[	☐ their sister	ſ	
☐ they look too young ☐ they are a wimp ☐ their friends are weird ☐ they are sick a lot ☐ they are disabled ☐ they get good grades ☐ they get bad grades ☐ where they live ☐ the clothes I wear ☐ the color of their skin ☐ the country they are from		] ] ] ] ] ] ]	they are to they are to they are in they get a they cry a they can't they are g	ly has a lot in their fam too tall too short in special ed ingry a lot lot get along v	nily has a disabili
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#### The Bully Survey - Part D

In this part, you will be asked about your thoughts about bullying.

1.	How	much	do	you	agree	with	each	sentence?
----	-----	------	----	-----	-------	------	------	-----------

	Totally false	Sort of false	Both true and false	Sort of true	Totally true
a. Most people who get bullied ask for it.					
b. Bullying is a problem for kids.					
c. Bullies are popular.					
d. I don't like bullies.					
e. I am afraid of the bullies at my school.					
f. Bullying is good for wimpy kids.					
g. Bullies hurt kids.					
h. I would be friends with a bully.					
<ul> <li>i. I can understand why someone would bully other kids.</li> </ul>					
j. I think bullies should be punished.					
k. Bullies don't mean to hurt anybody.					
I. Bullies make kids feel bad.					
m. I feel sorry for kids who are bullied.					
n. Being bullied is no big deal.					

	,		_	_	_	_	_
n. Beino	g bullied is no big	deal.					
2. Is b □ Y		roblem in your	school?				
<b>3. Do</b> ∖		hat schools sho	ould worr	y about b	ullying?		
<b>4. Has</b> □ Y		: <insert scho<="" td=""><td>OOL NAMI</td><td>E&gt; change</td><td>d in the la</td><td>ast year for</td><td>you?</td></insert>	OOL NAMI	E> change	d in the la	ast year for	you?
What d	lo you think	k has caused th	at change	e?			
Please	write any o	ther ideas you	have abo	ut bullyin	g and bei	ng bullied.	

5. What language is spoken in your home	?
6. What country is your family from?	
<b>7. Gender:</b> □ Male □ Female	
8. Age:	
9. Race:    White	- · · · · · · · · · · · · · · · · · · ·
Scoring Instructions Points are assigned as follows: Never happened = 0 Rarely happened = 1 Sometimes happened = 2	<b>References</b> Swearer, S. M., & Cary, P. T. (2003). Perceptions and attitudes toward bullying in middle school youth: A developmental examination across the bully/victim continuum. <i>Journal of Applied School Psychology</i> , 19, 63–79.
Often happened = 3 Always happened = 4	Swearer, S. M., Turner, R. K., Givens, J. E., & Pollack W. S. (2008). "You're so gay!": Do different forms

To asses being a bystander, use items 2a-k in Part B. To assess bullying others, use items 2a-k in Part C. Seven items assess verbal bullying and four items assess physical bullying. Scale scores are created by summing item scores. The range for each scale is 0-44. Higher scores indicate more frequent bully-related experiences.

Although not behavioral in nature, Part D assesses attitudes toward bullying. Items are scored on a 5-point Likert-type scale (1 = "Totally false" to 5 = "Totally true"). In Part D, items 1b, 1e, 1g, and 1j-m are reversed scored. The range for the scale is 12-60. Higher scores denote more pro-bullying attitudes.

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# D2. Cyberbullying and Online Aggression Survey

	How often in the last 30 days have you experienced the following?:	Never	Once or twice	A few times	Many times	Every day
1.	In the last 30 days, have you been made fun of in a chat room?	a	b	С	d	е
2.	In the last 30 days, have you received an email from someone you know that made you really mad?	a	b	С	d	e
3.	In the last 30 days, have you received an email from someone you didn't know that made you really mad? This does not include "spam" mail.	a	b	С	d	е
4.	In the last 30 days, has someone posted something on your My Space page that made you upset or uncomfortable?	a	b	С	d	e
5.	In the last 30 days, has someone posted something on another web page that made you upset or uncomfortable?	a	b	С	d	e
6.	In the last 30 days, have you received an instant message that made you upset or uncomfortable?	a	b	С	d	e
7.	In the last 30 days, have your parents talked to you about being safe on the computer?	a	b	С	d	e
8.	In the last 30 days, has a teacher talked to you about being safe on the computer?	a	b	С	d	e
9.	In the last 30 days, have you been bullied or picked on by another person while online?	a	b	С	d	e
10.	In the last 30 days, have you been afraid to go on the computer?	a	b	С	d	е
11.	In the last 30 days, has anyone posted anything about you online that you didn't want others to see?	a	b	С	d	е
12.	In the last 30 days, has anyone emailed or text messaged you and asked questions about sex that made you uncomfortable?	a	b	С	d	e
	How often in the last 30 days have you done the following?	Never	Once or twice	A few times	Many times	every day
13.	In the last 30 days, have you lied about your age while online?	a	b	С	d	e
14.	In the last 30 days, have you posted something online about someone else to make others laugh?	a	b	С	d	е
15.	In the last 30 days, have you sent someone a computer text message to make them angry or to make fun of them?	a	b	С	d	е
16.	In the last 30 days, have you sent someone an email to make them angry or to make fun of them?	a	b	С	d	е
17.	In the last 30 days, have you posted something on someone's MySpace, Xanga, or Friendster page to make them angry or to make fun of them?	a	b	c	d	e
18.	In the last 30 days, have you taken a picture of someone and posted it online without their permission?	a	b	С	d	e



Cyberbullying is when someone repeatedly makes fun of another person online or repeatedly picks on another person through email or text message or when someone posts something online about another person that they don't like.

#### 19. In my entire life, I have cyberbullied others:

a. never b. seldom c. sometime d. fairly often e. often f. very often

#### 20. In the last 30 days, I have cyberbullied others:

a. never b. once or twice c. a few times d. many times e. every day

#### 21. If so, what was the most important reason for cyberbulling that person?

a. to get revenge b. they deserved it

c. because others were doing it d. for fun

e. because they picked on me at school f. to vent my anger

g. to demonstrate power h. I hate them

i. other reasons j. I have not cyberbullied another person in the last 30 days

#### 22. In my entire life, I have been cyberbullied:

a. never b. seldom c. sometime d. fairly often e. often f. very often

#### 23. In the last 30 days, I have been cyberbullied:

a. never b. once or twice c. a few times d. many times e. every day

If you have ever been cyberbullied, tell us about the most recent experience.

#### 24. Did you know who it was who did this to you?

a. friend b. someone else from school

c. ex-friend d. ex-boyfriend or girlfriend

e. someone I knew from a chat room f. stranger g. many people h. other

i. No one has ever cyberbullied me

#### 25. Was the bully someone you have met in real life?

a. yes b. no c. don't know d. No one has ever cyberbullied me

How often in the last 30 days have you done the following?	Never	Once	Sometimes	Often	Many Times
26. Where you ever cyberbullied by another student at your school?	a	b	c	d	e
27. Where threats made online carried out at school?	a	b	c	d	е
28. Did you tell someone about the cyberbullying experience?	a	b	С	d	e
29. Did you tell your parents about the cyberbullying experience?	a	b	c	d	е
30. Did you tell a friend about the cyberbullying experience?	a	b	С	d	е
31. Did you tell a teacher about the cyberbullying experience?	a	b	С	d	e

#### 32. How did you respond to the cyberbullying experience?

a. logged off computer b. blocked bully

c. changed screen name or email d. left site
e. called the police f. did nothing

g. did something else h. No one has ever cyberbullied me

#### How did you feel about this cyberbullying experience?

NOTE: If you have not been cyberbullied, choose "f. N/A" which means not applicable.

How did you feel about this cyberbullying experience?	Never	Once	Sometimes	Often	Many Times	N/A
33. Where you sad?	a	b	С	d	e	f
34. Where you scared?	a	b	с	d	e	f
28. Where you frustrated?	a	b	С	d	e	f
29. Where you embarrassed?	a	b	С	d	e	f
30. Where you angry?	a	b	С	d	e	f
31. Where you not bothered by it?	a	b	С	d	e	f

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#### **Scoring Instructions**

Points are assigned as follows:

Never = 0

Once or twice = 1

A few times = 2

Many times=3

Every day = 4

Cyberbullying Victimization Scale: Items 1-6, 9-11

Cyberbullying Offending Scale: Items 14–18

Scale score created by summing item scores. Range of the victimization scale is 0–36; range of the offending scale is 0–20. Higher values represent more involvement with cyberbullying.

#### References

Patchin, J.W., & Hinduja, S. (2006). Bullies move beyond the schoolyard: A preliminary look at cyberbullying. *Youth Violence and Juvenile Justice*, 4, 148–169.

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# D3. Cyber-Harassment Student Survey

Tha	nk you for participating in this survey.					
Scho	ool Grade	2	Gender			
ano their him like beir in a	assment occurs when a student, or several ther student or call him or her mean and her group of friends, or leave him or her out or her, send mean notes and try to make that. When we talk about harassment, then he has harassed to defend himself or herself. We mean and hurtful way. But we don't call afful way. Also, it is not harassment when two	of things of things of things of other stude se things have also call it harassme	es, completely n purpose, tel nts dislike hin appen repeate it harassment nt when the t	r ignore or extended liles or spreed or her, and the dly, and it is when a studies asing is dor	sclude him o ad false rume other hurtfu difficult for t ent is teased ne in a friend	r her from ors about I things he student repeatedly Iy and
1.	Have you heard of students using technet, computers, cell phones, answe technology were used?					
2.	If yes, how was the technology used?	Please de	scribe the ev	ent.		
		Never	Once/Twice	A few times	Many times	Every day
3.	Have these types of harassing behaviors involving technology been directed toward you?					
4.	If yes, how have you been impacted? (Check One)					
	a. I felt sad and hurt.					
	b. I felt angry.					
	c. I felt embarrassed.					
	d. I felt afraid.					
	e. I felt anxious.					
	f. I missed school because of it.					
	g. I cried.					
	h. I had difficulty concentrating.					
	i. My marks have dropped because of it.					
	j. I blame myself.					
5.	Do the people who harrassed you by using technology also harrass you in other way (not using technology)?					
6.	Do you ever use technology to harass others?					

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#### **Scoring Instructions**

Point values are assigned as indicated above. Items 1–3, 5, and 6 are treated individually and responses are examined descriptively. Responses to Item 1 may need to be categorized. The developers used the following general categories: computer, cell phone, voicemail/answering machine, and video camera. The computer category was further subdivided based on means of cyber-harassment (e.g., via email or instant messaging, chat rooms, web pages, etc.). Higher scores indicate more awareness of or experience with cyber-bullying.

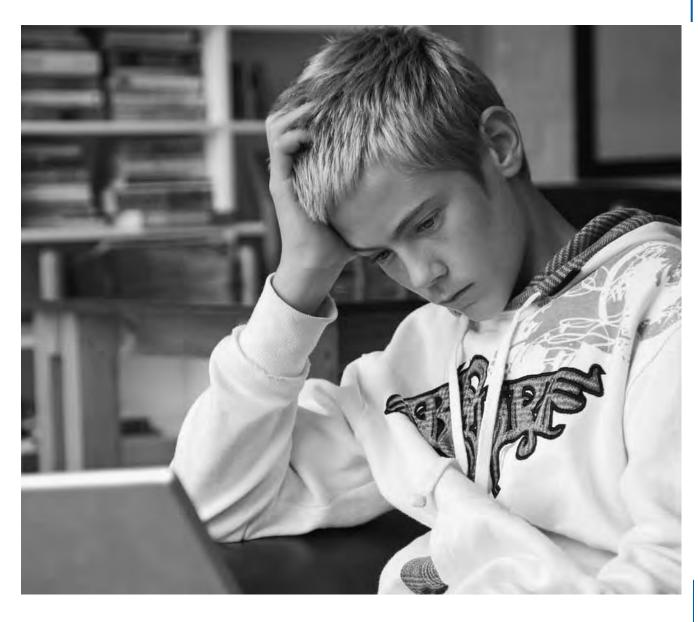
The emotional/behavioral impact items can be summed together for an overall impact scale score or by type, yielding an emotional impact score (sum of 7 emotion items) and a behavioral impact score (sum of 3 behavior items). High scores indicate greater impact as a result of cyber-bullying.

#### References

Beran, T., & Li, Q. (2005). Cyber-harassment: A study of a new method for an old behavior. *Journal of Educational Computing Research*, *32*, 265–277.

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# **D4. Exposure to Violence and Violent Behavior Checklist**

At se	chool, how often have you been	Never	Once	Sometimes	Often
1.	Hit by a student.	1	2	3	4
2.	Hit by school staff.	1	2	3	4
3.	Kicked or pushed by a student.	1	2	3	4
4.	Kicked or pushed by school staff.	1	2	3	4
5.	Badly beaten up.	1	2	3	4
6.	Threatened with a knife or sharp weapon.	1	2	3	4
7.	Attacked with a knife or sharp weapon.	1	2	3	4
8.	Threatened with a gun.	1	2	3	4
9.	Verbally or emotionally abused by a student, that is, being called names or having things said to you that make you feel bad about yourself or afraid.	1	2	3	4
10.	Verbally or emotionally abused by school staff.	1	2	3	4
11.	Sexually harassed by a student.	1	2	3	4
12.	Sexually harassed by school staff.	1	2	3	4
13.	Sexually assaulted.	1	2	3	4
14.	Robbed.	1	2	3	4
At se	chool, how often have you seen others being	Never	Once	Sometimes	Often
1.	Hit by a student.	1	2	3	4
2.	Hit by school staff.	1	2	3	4
3.	Kicked or pushed by a student.	1	2	3	4
4.	Kicked or pushed by school staff.	1	2	3	4
5.	Badly beaten up.	1	2	3	4
6.	Threatened with a knife or sharp weapon.	1	2	3	4
7.	Attacked with a knife or sharp weapon.	1	2	3	4
8.	Threatened with a gun.	1	2	3	4
9.	Verbally or emotionally abused by a student.	1	2	3	4
10.	Verbally or emotionally abused by school staff.	1	2	3	4
11.	Sexually harassed by a student.	1	2	3	4
12.	Sexually harassed by school staff.	1	2	3	4
13.	Sexually assaulted.	1	2	3	4
14.	Robbed.	1	2	3	4
	In a fight after drinking or getting high.	1	2	3	4
In yo	our neighborhood, how often have you been	Never	Once	Sometimes	Often
	Hit.	1	2	3	4
2.		1	2	3	4
3.		1	2	3	4
4.		1	2	3	4
5.	Threatened with a knife or sharp weapon.	1	2	3	4
6.	Attacked with a knife or sharp weapon.	1	2	3	4
	Threatened with a gun.	1	2	3	4
8.		1	2	3	4
	Verbally or emotionally abused, that is, being called names or having things said to you that make you feel bad about yourself or afraid.	1	2	3	4
10.	,	1	2	3	4
11.	Sexually assaulted.	1	2	3	4
12.	Robbed.	1	2	3	4

In yo	our neighborhood, how often have you seen others being	Never	Once	Sometimes	Often
1.	Hit.	1	2	3	4
2.	Kicked.	1	2	3	4
3.	Pushed or shoved.	1	2	3	4
4.	Badly beaten up.	1	2	3	4
5.	Threatened with a knife or sharp weapon.	1	2	3	4
6.	Attacked with a knife or sharp weapon.	1	2	3	4
7.	Threatened with a gun.	1	2	3	4
8.	Shot at.	1	2	3	4
9.	Verbally or emotionally abused.	1	2	3	4
10.	Sexually harassed.	1	2	3	4
11.	Sexually assaulted.	1	2	3	4
12.	Robbed.	1	2	3	4
13.	In a fight after drinking or getting high.	1	2	3	4
At so	chool, how often have you heard of other students being	Never	Once	Sometimes	Often
1.	Hit by a student.	1	2	3	4
2.	Hit by a school staff.	1	2	3	4
3.	Kicked or pushed by a student.	1	2	3	4
4.	Kicked or pushed by school staff.	1	2	3	4
5.	Badly beaten up.	1	2	3	4
6.	Threatened with a knife or sharp weapon.	1	2	3	4
7.		1	2	3	4
8.	Threatened with a gun.	1	2	3	4
9.	Shot at.	1	2	3	4
10.	Verbally or emotionally abused by a student, that is, they were called names or had things said to them that made them feel bad about themselves or afraid.	1	2	3	4
11.	Verbally or emotionally abused by school staff.	1	2	3	4
12.	Sexually harassed by a student.	1	2	3	4
13.	Sexually harassed by school staff.	1	2	3	4
14.	Sexually assaulted.	1	2	3	4
15.	Robbed.	1	2	3	4
16.	In a fight after drinking or getting high.	1	2	3	4
In yo	our neighborhood, how often have you heard of others being	Never	Once	Sometimes	Often
1.	Hit.	1	2	3	4
2.	Kicked.	1	2	3	4
3.	Pushed or shoved.	1	2	3	4
4.	Badly beaten up.	1	2	3	4
5.	Threatened with a knife or sharp weapon.	1	2	3	4
6.	Attacked with a knife or sharp weapon.	1	2	3	4
7.	Threatened with a gun.	1	2	3	4
8.	Shot at.	1	2	3	4
9.	,	1	2	3	4
10.	Sexually harassed.	1	2	3	4
11.	·	1	2	3	4
12.	Robbed.	1	2	3	4
13.	In a fight after drinking or getting high.	1	2	3	4



At h	ome, in the past, how often have you been	Never	Once	Sometimes	Often
1.	Hit.	1	2	3	4
2.	Kicked.	1	2	3	4
3.	Pushed or shoved.	1	2	3	4
4.	Badly beaten up.	1	2	3	4
5.	Threatened with a knife or sharp weapon.	1	2	3	4
6.	Attacked with a knife or sharp weapon.	1	2	3	4
7.	Threatened with a gun.	1	2	3	4
8.	Shot at.	1	2	3	4
9.	Verbally or emotionally abused.	1	2	3	4
10.	Sexually harassed.	1	2	3	4
11.	Sexually assaulted	1	2	3	4
12.	Robbed.	1	2	3	4
A 4 1-					
At n	ome, in the past, how often have you seen other family members being	Never	Once	Sometimes	Often
	ome, in the past, how often have you seen other family members being  Hit.	Never 1	Once 2	Sometimes 3	Often 4
	Hit.				
1.	Hit. Kicked.	1	2	3	4
1.	Hit. Kicked.	1	2	3	4
1. 2. 3. 4.	Hit. Kicked. Pushed or shoved.	1 1 1	2 2 2	3 3 3	4 4
1. 2. 3. 4. 5.	Hit. Kicked. Pushed or shoved. Badly beaten up.	1 1 1 1	2 2 2 2	3 3 3 3	4 4 4
1. 2. 3. 4. 5.	Hit. Kicked. Pushed or shoved. Badly beaten up. Threatened with a knife or sharp weapon.	1 1 1 1	2 2 2 2 2	3 3 3 3 3	4 4 4 4
1. 2. 3. 4. 5.	Hit. Kicked. Pushed or shoved. Badly beaten up. Threatened with a knife or sharp weapon. Attacked with a knife or sharp weapon. Threatened with a gun.	1 1 1 1 1 1	2 2 2 2 2 2 2	3 3 3 3 3 3	4 4 4 4 4 4
1. 2. 3. 4. 5. 6.	Hit. Kicked. Pushed or shoved.  Badly beaten up. Threatened with a knife or sharp weapon. Attacked with a knife or sharp weapon. Threatened with a gun. Shot at.	1 1 1 1 1 1	2 2 2 2 2 2 2 2	3 3 3 3 3 3 3	4 4 4 4 4 4
1. 2. 3. 4. 5. 6. 7.	Hit. Kicked. Pushed or shoved. Badly beaten up. Threatened with a knife or sharp weapon. Attacked with a knife or sharp weapon. Threatened with a gun. Shot at.	1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3	4 4 4 4 4 4 4
1. 2. 3. 4. 5. 6. 7. 8. 9.	Hit. Kicked.  Pushed or shoved.  Badly beaten up. Threatened with a knife or sharp weapon.  Attacked with a knife or sharp weapon.  Threatened with a gun.  Shot at.  Verbally or emotionally abused.	1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3	4 4 4 4 4 4 4 4
1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	Hit. Kicked. Pushed or shoved. Badly beaten up. Threatened with a knife or sharp weapon. Attacked with a knife or sharp weapon. Threatened with a gun. Shot at. Verbally or emotionally abused. Sexually harassed. Sexually assaulted	1 1 1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3 3	4 4 4 4 4 4 4 4

At so	chool, how often have you done these things?	Never	Once	Sometimes	Often
1.	Hit or kicked someone.	1	2	3	4
2.	Pushed or shoved someone when you were angry.	1	2	3	4
3.	Badly beaten somebody up.	1	2	3	4
4.	Carried a knife or sharp weapon or other blade.	1	2	3	4
5.	Threatened someone with a knife or sharp weapon.	1	2	3	4
6.	Attacked someone with a knife or sharp weapon.	1	2	3	4
7.	Carried a weapon.	1	2	3	4
8.	Threatened someone with a gun.	1	2	3	4
9.	Verbally or emotionally abused someone, that is, said something that made them feel bad about themselves or afraid.	1	2	3	4
10.	Sexually harassed someone.	1	2	3	4
11.	Sexually assaulted someone.	1	2	3	4
12.	Robbed someone.	1	2	3	4
13.	Been suspended.	1	2	3	4
14.	Gotten into a fight after drinking or getting high.	1	2	3	4
Out	side of school, how often have you done these things?	Never	Once	Sometimes	Often
1.	Hit or kicked someone.	1	2	3	4
2.	Pushed or shoved someone when you were angry.	1	2	3	4
3.	Badly beaten somebody up.	1	2	3	4
4.	Carried a knife or sharp weapon or other blade.	1	2	3	4
5.	Threatened someone with a knife or sharp weapon.	1	2	3	4
6.	Attacked someone with a knife or sharp weapon.	1	2	3	4
7.	Carried a weapon.	1	2	3	4
8.	Threatened someone with a gun.	1	2	3	4
9.	Verbally or emotionally abused someone, that is, said something that made them feel bad about themselves or afraid.	1	2	3	4
10.	Sexually harassed someone.	1	2	3	4
11.	Sexually assaulted someone.	1	2	3	4
12.	Robbed someone.	1	2	3	4
13.	Been suspended.	1	2	3	4
14.	Gotten into a fight after drinking or getting high.	1	2	3	4

#### **Scoring Instructions**

Point values are assigned as indicated above. Items are scored by domain (school, community, family) and by whether violence is direct or vicarious. More specific timeframes can be used with this measure (e.g., past 30 days, past 3 months, past 6 months). Higher scores reflect more bullying experiences.

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Nadel, H., Spellmann, M., Alvarez-Canino, T., Lausell-Bryant, L., & Landsberg, G. (1996). The cycle of violence and victimization: A study of the school-based intervention of a multidisciplinary youth violence-prevention program. *American Journal of Preventive Medicine*, *12*, 109–119.

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# D5. Gay, Lesbian, Straight, Education Network (GLSEN) National School Climate Survey

#### **SECTION A**

This first set of questions is about homophobic remarks you may have heard at your school. Please circle the answer that best describes your experience at your school.

••	How often of Frequently	Often	Sometime			Never	)1;		
2.	How often have you heard other homophobic remarks used in school (such as "faggot," "dyke," and "queer" used in a derogatory manner)?								
	Frequently	Often	Sometime	es Rarel	У	Never			
3.	How often do you hear these homophobic remarks fro				rom other s	students?			
	Frequently	Often	Sometimes	Rarely	Never				
4.	Would you s	Would you say that homophobic remarks are made by:							
	Most of the students S		Some of the s	ome of the students		the students			
5.	How often do you hear these homophobic remarks from teachers or school staff?								
	Frequently	Often	Sometimes	Rarely	Never				
6.	In general, how much has it bothered or distressed you when you've heard words like "gay" or "queer" used to describe something in a derogatory way, like "That class was so gay"?								
	Not at all	A little	Pretty much	Extremely		•	<i>3 ,</i>		
7.	When you h	_	obic remarks,	how often has	a teacher o	or other school st	aff person		
	Always	Most of the	time Son	ne of the time	Neve	•			
	(Go to 8)	(Go to 8)		(Go to 8)	(Go to 9	)			
8.						nool staff person	is present,		
			-	rson intervene	?				
	Always	Most of the	time Sor	me of the time	Neve	•			
		MOSt Of the							
9.	When you h		obic remarks,	how often doe	s another s	tudent intervene	?		



#### **SECTION B**

This next set of questions is about racist remarks you may have heard at your school. Please circle the answer that best describes your experience at your school.

1. How often have you heard racist remarks used in school (such as "nigger," "kike," "spic," "gook," used in a derogatory manner)? Frequently Often Sometimes Rarely Never 2. How often do you hear racist remarks from other students? Frequently Often Sometimes Rarely Never 3. Would you say that racist remarks are made by: Most of the students Some of the students A few of the students 4. How often do you hear racist remarks from teachers or school staff? Frequently Often Sometimes Rarely Never 5. When you hear racist remarks, how often has a teacher or other school staff person been present? Most of the time Some of the time Always Never (Go to 6) (Go to 6) (Go to 6) (Go to 7)

Always Most of the time Some of the time Never

6. When racist remarks are made and a teacher or other school staff person is present,

7. When you hear racist remarks, how often does another student intervene?

Always Most of the time Some of the time Never

how often does the teacher or staff person intervene?

#### **SECTION C**

This set of questions is about sexist remarks you may have heard at your school. Please circle the answer that best describes your experience at your school.

1. How often have you heard sexist remarks used in school (such as someone being called a "bitch" in a derogatory way or comments about girls' bodies or talk of girls being inferior to boys)?

Frequently

Often

Sometimes

Rarely

Never

2. How often do you hear sexist remarks from other students?

Frequently

Often

Sometimes

Rarely

Never

3. Would you say that sexist remarks are made by:

Most of the students

Some of the students

A few of the students

4. How often do you hear sexist remarks from teachers or school staff?

Frequently

Often

Sometimes

Rarely

Neve

5. When you hear sexist remarks, how often has a teacher or other school staff person been present?

Always (Go to 6) Most of the time (Go to 6)

Some of the time (Go to 6)

Never (Go to 7)

6. When sexist remarks are made and a teacher or other school staff person is present, how often does the teacher or staff person intervene?

Always

Most of the time

Some of the time

Never

7. When you hear sexist remarks, how often does another student intervene?

Always

Most of the time

Some of the time

Never

#### **SECTION D**

This set of questions is about remarks you may have heard at your school related to people's gender expression. Please circle the answer that best describes your experience at your school.

1. How often have you heard comments about students not acting "masculine" enough?

Frequently

Often

Sometimes

Rarely

Never

2. How often have you heard comments about students not acting "feminine" enough?

Frequently

Often

Sometimes

Rarely

Never

3. How often do you hear these remarks from other students?

Frequently

Often

Sometimes

Rarely

Never

4. Would you say that these remarks are made by:

Most of the students

Some of the students

A few of the students

5. How often do you hear these remarks from teachers or school staff?

Frequently

Often

Sometimes

Rarely

Never

6.	When you hear sexist remarks, how often has a teacher or other school staff person been present?								
	Always	Most of the time	time Some of the time		Never				
	(Go to 7)	(Go to 7)	(Go to 7)		(Go to 8)				
7.	When these remarks are made and a teacher or other school staff person is present, how often does the teacher or staff person intervene?								
	Always	Most of the time	Some of the ti	me	Never				
3.	When you hear these remarks, how often does another student intervene?								
	Always	Most of the time	Some of the tim	ie	Never				
	CTION E		0.1.1				1 -		
	•	ions is about harassme blease circle or check th		•		•			
	n question, p				, our emperienc				
l.		month of school, how		you skip	a class becau	se you fe	lt		
	<b>uncomforta</b> 0 times	able or unsafe in that 1 time 2		í or 5 time	e horma	ore times			
	o miles	1 tille 2	or 5 times 2	. OI ) IIIIIe	o OF INC	ne umes			
	uncomfortable or unsafe at school or on your way to or from school?  0 times 1 time 2 or 3 times 4 or 5 times 6 or more times  Do you feel unsafe at your school because of (check all that apply)								
	-	ual orientation	□ you	r disability	or because pe	eople			
	□ your geno	der		think you have a disability  ☐ your religion or because people					
	☐ your race	or ethnicity	•	think you are of a certain religion					
	(how trac	express your gender litionally"masculine" or " you are in your ce or in how you act)							
í.	In the past year, how often have you been verbally harassed (name calling, threats,								
	-	r school because of			0 :	D 1	NI		
	•	al orientation?	Frequently	Often	Sometimes	Rarely	Never		
	b. your gend		Frequently	Often	Sometimes	Rarely	Never		
	•	express your gender?	Frequently	Often	Sometimes	Rarely	Never		
	•	or ethnicity?	Frequently	Often	Sometimes	Rarely	Never		
	•	oility or because people have a disability?	e Frequently	Often	Sometimes	Raralw	Never		
		on or because people t of a certain religion?		Ollen	Sometimes	Rarely	Never		
	, od are o	cermin rengion.	Frequently	Often	Sometimes	Rarely	Never		

5.		year, how often ha because of	ave you	been physica	lly haras	sed (shoved,	pushed,	etc.) at	
	a. your sexua			Frequently	Often	Sometimes	Rarely	Never	
	b. your gende	er?		Frequently	Often	Sometimes	Rarely	Never	
	c. how you ex	xpress your gender	?	Frequently	Often	Sometimes	Rarely	Never	
	d. your race o	d. your race or ethnicity?		Frequently	Often	Sometimes	Rarely	Never	
	e. your disability or because peo think you have a disability?			Frequently	Often	Sometimes	Rarely	Never	
		n or because peopl are of a certain reli <sub>ş</sub>		Frequently	Often	Sometimes	Rarely	Never	
6.		year, how often ha				lted (punched	d, kicked	•	
	a. your sexua	l orientation?		Frequently	Often	Sometimes	Rarely	Never	
	b. your gende	er?		Frequently	Often	Sometimes	Rarely	Never	
	c. how you ex	xpress your gender	?	Frequently	Often	Sometimes	Rarely	Never	
	d. your race o	or ethnicity?		Frequently	Often	Sometimes	Rarely	Never	
	•	lity or because peo have a disability?	ple		- 0				
		n or because peopl are of a certain reli		Frequently Frequently	Often Often	Sometimes Sometimes	Rarely Rarely	Never Never	
7.		nave you been sex	-	-			ıal remai	rks made	
	Frequently	<b>or someone touch</b> Often	<b>ring you</b> Sometii		<b>ropriate</b> l arely	l <b>y?</b> Never			
	rrequently	Offeri	30111611	ines ix	arciy	Nevel			
8.	<b>In the past y</b> Frequently	y <b>ear, how often ha</b> Often	<b>ave you</b> Sometin		mors or l arely	l <b>ies spread ah</b> Never	out you	in school?	
9.		year, how often har r car, clothing, or			perty sto	olen or delibe	rately da	maged,	
	Frequently	Often	Sometin		arely	Never			
10		year, how often ha Ms), or text messa Often	•	m students at	_	_	emails, ir	ıstant	

#### **SECTION F**

These next questions ask about who you talk to when you have experienced harassment or assault in your school, regardless of whether it was related to your sexual orientation, race/ethnicity, gender, or gender expression. *If you have not experienced any incidents of harassment in school this past year, please skip to Section G.* 

1.	How often did you rep the principal, or other Always Most of t	school staff				n school to a tear r (Go to 1c)	icher,		
	1a. How often did you report when you were harassed or assaulted in school to a teacher, the principal, or other school staff person? (Please answer in the space below):								
	1b. Overall, how effective were the teachers or school staff in addressing the problems?  Very effective Somewhat effective Somewhat ineffective Not at all effective  1c. Why did you NOT report being harassed or assaulted to a teacher or staff person?  (Please answer in the space below):								
2.	How often did you tel Always Most of	_	<b>guardian wh</b> Some of t	-		ssed or assaulteder (Go to 4)	l in school?		
<b>3</b> .	How often did your pa	arent or guar	dian talk to y	your teacl	her. princ	cipal, or other so	hool staff		
٠.	because you had been	assaulted in	school?	, p					
	Always Most of	the time	Some of t	he time	Neve	er			
<b>4</b> .	How often did you tell another family member, other than your parent or guardian, when you were harassed or assaulted in school?								
	Always Most of	the time	Some of t	he time	Neve	er (Go to Section G	<i>5)</i>		
5.	How often did anothe principal, or other sch Always Most of	ool staff bec		been ha	_	assaulted in sch			
SE	ECTION G								
ins	ais next set of questions is stance, if you have graduat st school you attended in t	ed or have sto	opped going to	•	•	_			
1.	Is your school (checo	ck the box ne	xt to the best	answer)					
	If it is a public school	→ Is it a cha	rter school?	☐ Yes	□ No	☐ Not Sure			
		Is it a ma	gnet school?	☐ Yes	□ No	☐ Not Sure			
	☐ a religious-affiliated so If it is a religious-affiliated please check which religious	iated school,	☐ Catholic ☐ Episcop: ☐ Friends ☐ Christiar denomin	al n Non-		ewish utheran Iuslim other religion			
	☐ another kind of non-p	oublic, private,							

	Where is your school (If you attended a no		te bool, please lis		<b>of the school dist</b>	rict you live in.)	
5.	Is your school in a	ı:					
	☐ Large city (pop'n			☐ Suburb of	a mid-size city		
	☐ Mid-size city (pop				a major metrop	oolitan area)	
	☐ Suburb of a large	city		☐ Rural area			
4.	Is your school a:						
	☐ K through 12 scho		1 111 1	1 1 )	☐ Elementary		
	☐ Lower school (ele	•		_	☐ Middle scho		
	☐ Upper school (mi	ddie and nig	gn school gra	les)	☐ High schoo	I	
5.	Does your school have a policy or a procedure for reporting incidents of harassment or assault in school?						
	□ Yes □ N	io 🗆 Do	on't know				
	5a. Does this polic	y specifica	lly mention	sexual orie	ntation?		
	□ Yes □ N	io 🗆 No	ot Sure				
	5b. Does this polic	y specifica	lly mention	gender ide	ntity/expressio	on?	
	□ Yes □ N	io 🗆 No	ot Sure				
	☐ History/Social ☐ Science ☐ Health ☐ Gym/Physical		☐ Music ☐ Math ☐ Art	n Language			
	☐ English <b>6a. Overall, in thos</b>			-	•	ou think the	
	☐ English	s of LGBT <sub>1</sub>	where LGBT people, histo	ory, or even	ts were:		
	☐ English <b>6a. Overall, in thos</b>	s of LGBT <sub>1</sub>	where LGBT	ory, or even	•	ou think the	
7.	☐ English  6a. Overall, in those representations ☐ Very positive  In your school hear	s of LGBT <sub>1</sub> □ Some	where LGBT people, history what positive was discuss	ory, or even	ts were: ewhat negative sexual orienta	☐ Very negative	
7.	☐ English  6a. Overall, in those representations ☐ Very positive  In your school hear such as in discussions.	s of LGBT 1  Some	where LGBT people, history what positive was discussing, sexuality	ory, or even  Some  sion about  y/sex educa	ts were:  ewhat negative  sexual orienta  ution, or family	☐ Very negative	
7.	☐ English  6a. Overall, in those representations ☐ Very positive  In your school hear	s of LGBT p  Some  Alth classes, ions of dati	where LGBT people, history what positive what positive was discussing, sexuality know	sion about y/sex educa	ts were:  ewhat negative  sexual orienta  ation, or family	☐ Very negative  tion ever included, v relationships?	
7.	☐ English  6a. Overall, in those representations ☐ Very positive  In your school hear such as in discussion ☐ Yes ☐ No	s of LGBT 1  Some  alth classes, ions of dation  Don't or negative	where LGBT people, history what positive what positive was discussing, sexuality know	sion about y/sex educa lot applicable entations o	ts were:  ewhat negative  sexual orienta  tion, or family  e  f LGBT people	☐ Very negative  tion ever included, v relationships?	
7.	☐ English  6a. Overall, in those representations ☐ Very positive  In your school hear such as in discussion ☐ Yes ☐ No  7a. How positive of ☐ Very positive  7b. In your school curriculum when	s of LGBT partial Some alth classes, ions of dation Don't be negative and Some health classes teaching spected to verify the some sentence of the some sente	where LGBT people, history what positive was discust ng, sexuality know	sion about y/sex educa lot applicable entations of E Somewh our school for educations ex educations of exercise educations of educ	ts were:  ewhat negative  sexual orienta  ation, or family  e  f LGBT people at negative  follow an "abst on? For examp ngage in sexual	□ Very negative  tion ever included, relationships?  •? □ Very negative inence-only" le, were you taught al activity, or that	
7.	☐ English  6a. Overall, in those representations ☐ Very positive  In your school hears such as in discussion ☐ Yes ☐ No  7a. How positive or ☐ Very positive  7b. In your school curriculum when that you are expensed in the school of the sch	s of LGBT particles of LGBT particles of data of Don't particles of Some health classen teaching spected to vootside of	where LGBT people, history what positive was discust ng, sexuality know	sion about y/sex educations of a Somewhour school for ex educations of the carriage to earlikely to ha	ts were:  ewhat negative  sexual orienta  ation, or family  e  f LGBT people at negative  follow an "abst on? For examp ngage in sexual  ove harmful eff	□ Very negative  tion ever included, relationships?  •? □ Very negative inence-only" le, were you taught al activity, or that	
	☐ English  6a. Overall, in those representations ☐ Very positive  In your school hear such as in discussion ☐ Yes ☐ No  7a. How positive or ☐ Very positive  7b. In your school curriculum when that you are expected activity	s of LGBT particles of LGBT particles of data of the last classes of the last classes of the last courside of the look of the last courside of the last course of the last co	where LGBT people, history what positive was discuss ng, sexuality know	sion about y/sex educations of a Somewhour school for ex educations to extend to exten	ts were:  ewhat negative  sexual orienta  ation, or family  e  f LGBT people at negative  follow an "abst on? For examp ngage in sexual  eve harmful effet	□ Very negative  tion ever included, relationships?  e? □ Very negative inence-only" le, were you taught al activity, or that fects on you?	

	☐ Yes	□ No	☐ Don't know			
10.	Are you a		chool computers to	access we	bsites about LGB	BT people, history,
	☐ Yes	□ No	□ Don't know	□ Don't l	nave internet access	s at my school
11.	-	r school have LGBT stude	e a Gay/Straight A	lliance (GS	A) or another typ	oe of club that
	☐ Yes	□ No ( <i>G</i> c	o to 13)			
12.	How ofte	n do you atte	end GSA meetings	?		
	☐ Frequer	ntly 🗆 Of	ften 🗆 Someti	mes $\square$	Rarely	ver
	12a. Have	e you partici	pated as a leader	or officer o	f your GSA?	
	□ Ye	es 🗆 No	☐ Not applicable	e		
	12b. How	supportive	is your principal	or other he	ad school official	l of your school's GSA?
	□ Ve Si	ery $\square$	Somewhat □ Supportive	Neutral	☐ Somewhat Unsupportive	☐ Very Unsupportive
			as your GSA done	during thi	s school year?	
	•	ase check all		1		
		C	al activities for its m		11.11	1 11
		reated a suppome LGBT pe		where mem	bers could talk abo	out unique challenges
			eachers or school of ucting teacher-traini		uce anti-LGBT bull	lying and harassment,
		ave members	the opportunity to	make friend	s with LGBT stude	nts and allies.
	□ H	Ielped membe	ers cope with anti-Lo	GBT name c	alling, bullying, and	d harassment.
		Worked with te vents, or histo		ficials to inci	rease representation	n of important LGBT people,
			n a teacher or schoo or harassed in schoo		or on behalf of an	LGBT student who was
		Combated othe	er types of social inju	ustices, such	as racism and sexi	ism.
	□ H	Ielped membe	ers to develop leade	rship skills f	or creating safer sk	tills.
	□R	aised awarene	ess of anti-LGBT har	assment in y	our school and in	society.
		Organized a sc	hool-wide event to	raise awaren	ess about LGBT is	sues, such as an assembly.
		-	er types of awarenes acational materials, c		_	nool newspaper article, harity or cause.
		Other (please s	specify in the space	below):		

you	r school?	dicis of other seno	or starr person	s are supportive of	LODI students at
	None $\square$	One   Between	n 2 and 5 🗆	Between 6 and 10	☐ More than 10
		hers or other schoor transgender?	ol staff at your	school are open a	bout being lesbian,
	None $\square$	One	n 2 and 5 $\square$	Between 6 and 10	☐ More than 10
	ides yourse w of?	lf, how many other	LGBT student	s are there in your	school that you
	None $\square$	One	n 2 and 5	Between 6 and 10	☐ More than 10
17. In g	general, how	v supportive do you	ı think people	in your communit	y are of LGBT people?
	Very Supportive	☐ Somewhat Supportive	☐ Neutral	☐ Somewhat Unsupportive	☐ Very e Unsupportive
talk talk one teac	ted with each ted to, pleas of a certain cher, answer	h one about LGBT e indicate how pos	issues in this s itive or negative e talked to abo	school year. Then, ye the interaction was the interaction was the control of the	many times you have for each person you have was. (If there is more than uch as more than one tact.)
18a	. Teacher	П.			
	$\square$ None (Go to b	□ One ) time	☐ Between 2 and 5	☐ Between 6 and 10	☐ More than 10
	` `				ulali 10
	•	ow positive were th			
	☐ Very Positive	☐ Somewhat Positive	☐ Somewha Negative	it □ Very Negative	☐ Had no interaction about LGBT issues
18b	. Principal				
	$\square$ None (Go to c)	☐ One time	☐ Between 2 and 5	☐ Between 6 and 10	☐ More than 10
	Overall, h	ow positive were th	nese interaction	ns?	
	□ Very Positive	☐ Somewhat Positive	☐ Somewha Negative	t	☐ Had no interaction about LGBT issues
18c.	School co	unselor or psycholo	ogist		
	□ None (Go to d	□ One	☐ Between 2 and 5	☐ Between 6 and 10	☐ More than 10
	Overall, h	ow positive were th	nese interaction	ns?	
	☐ Very Positive	☐ Somewhat Positive	☐ Somewha Negative		☐ Had no interaction about LGBT issues
18d.	Coach (or	other sports perso	n) at school		
	□ None (Go to e)	□ One	☐ Between 2 and 5	☐ Between 6 and 10	☐ More than 10
	Overall. h	ow positive were th	nese interaction	ns?	
	□ Very Positive	☐ Somewhat Positive	☐ Somewha Negative		☐ Had no interaction about LGBT issues
18e.	Nurse				
	□ None (Go to e)	☐ One time	☐ Between 2 and 5	☐ Between 6 and 10	☐ More than 10

	Overall, ho	ow positive were	these interactions	?						
	☐ Very Positive	☐ Somewhat Positive	☐ Somewhat Negative	☐ Very Negative	☐ Had no interaction about LGBT issues					
18	sf. Librarian	or other resource	staff person							
	$\square$ None (Go to e)	☐ One time	☐ Between 2 and 5	☐ Between 6 and 10	☐ More than 10					
	` `		these interactions	?						
	□ Very Positive	☐ Somewhat Positive	☐ Somewhat Negative	□ Very Negative	☐ Had no interaction about LGBT issues					
EC	TION H									
he	following section	asks questions abo	out your academic e	experiences and g	goals.					
	<b>During the curr</b> ☐ Mostly A's	ent school year ho □ A's and B's	ow would you desc ☐ Mostly B's	cribe the grades  ☐ B's and C's	you received in school?					
	☐ Mostly C's	☐ C's and D's	☐ Mostly D's	☐ Mostly F's						
2. \	What is the hig	hest level of educ	ation you ever exp	ect to complete	e?					
[	☐ Less Than High School Graduation									
	☐ High School Graduation Only									
1	Vocational, Trade, Or Technical School After High School									
	☐ Less than two		<b>y</b>							
	☐ Two years or n									
	College Progran									
	☐ Less than two									
			luding two-year deg	oree)						
	•	(four- or five-year d		5.00)						
	□ Master's degree		8/							
	_	•	essional degree							
]	□ PhD, MD, or other advanced professional degree  Do you plan to go to college or university right after high school?									
	□ Yes □	No 🗆 Don't	know							
			occupation that you all sure, write in you		to have when you are					
-										
_										
-										

#### **SECTION I**

The next set of questions is about how comfortable you are at your school as an LGBT student.

1.	In general, how comfortable would you be talking to your teachers, one-on-one, about LGBT issues?				
	□ Very	☐ Somewhat	☐ Somewhat	□ Very	
	Comfortable	Comfortable		Uncomfortable	
2. How comfortable would you be talking to your so			lking to your school	principal about LGBT issues?	
	□ Very	☐ Somewhat	☐ Somewhat	□ Very	
	Comfortable	Comfortable	Uncomfortable	Uncomfortable	
3. How comfortable would you be talking to your school coun LGBT issues?			counselor or school psychologist about		
	□ Verv	☐ Somewhat	☐ Somewhat	□ Very	
	Comfortable	Comfortable		Uncomfortable	
4. How comfortable wo		ole would you be ta	lking to your school	nurse about LGBT issues?	
	□ Very	☐ Somewhat	☐ Somewhat	□ Very	
	Comfortable	Comfortable	Uncomfortable	Uncomfortable	
5.	How comfortable would you be talking to your school coach about LGBT issues?				
	□ Very	☐ Somewhat	☐ Somewhat	□ Very	
	•	Comfortable		Uncomfortable	



o.	How comfortab	le would you be	talking to your scl	nool librarian	about LGBT is	ssues?
	☐ Very Comfortable	☐ Somewhat Comfortable	☐ Somewhat Uncomforta	□ Very ble Unco	mfortable	
7.	How many times have you raised LGBT issues in your classes?					
	□ Never	☐ Once	☐ Between 2 a	and 5 ☐ More	than 5 times	
8.	How comfortab	le would you be	raising LGBT issu	es in your clas	sses?	
	□ Very Comfortable	☐ Somewhat Comfortable	☐ Somewhat Uncomforta	□ Very ble Unco	mfortable	
	<b>CTION J</b> is last section is ah	oout some of your	personal characteris	stics.		
1.	Below is a list of terms that people often use to describe their sexuality or sexual orientation.  Please check all those terms that apply to you.					
			☐ Bisexual	☐ Straight	☐ Questic	oning
	If none of these	terms apply to you	ı, please tell us how	you describe y	your sexuality o	r sexual orientation:
2.	Below is a list of terms that people often use to describe their gender. Please check all those terms that apply to you.					
	☐ Male	☐ Female	☐ Transger	nder		
	☐ Transgender M	Male-to-Female	☐ Transger	nder Female-to-	-Male	
	If none of these	terms apply to you	ı, please tell us how	you describe y	your sexuality o	r sexual orientation:
3.		ı <b>l, transgender, o</b> □ I am		ou are at scho I am "out" onl few people at	ly to a 🔲 I	being gay, am not "out" to nyone at school
<b>4.</b>	What is your race or ethnicity? Please check all those terms that apply to you.  Please check all those terms that apply to you.					
	☐ White or European- American	☐ African Ameri or Black	ican 🔲 Hispani Latino/I		sian or cific Islander	☐ Native American
	Other <i>(please spec</i>	ify)				
_			s in your school ar			VOII: 9/

6.	Which of the following do you most closely identify as your religious affiliation or preferences					
	☐ Baptist	☐ Buddhist	☐ Catholic			
	☐ Eastern Orthodox	☐ Episcopalian/Anglican	☐ Hindu			
	□ Jewish	☐ Lutheran	☐ Methodist			
	☐ Muslim	☐ Pentecostal/Charismatic	☐ Presbyterian			
	☐ Unitarian/Universalist	☐ None ☐ Other				
7.	How old are you?					
8.	Did you attend school during this school year?					
	☐ Yes → 8a. What grade are you currently?					
	□ No → 8b. When was the last time you attended school?					
			(Mor	nth) (Year)		
9.	O. What is your zip code? (format: 99999)					
10	. Did you participate in	GLSEN's 2003 National So	chool Climate Su	rvey?		
	□ Yes □ No □	Not sure				

#### **Scoring Instructions**

Primarily, data have been reported at the individual item level. Mean scale scores can be used for

various subsections (simple arithmetic mean).

#### References

Kosciw, J. G., & Diaz, E. M. (2006). *The 2005 National School Climate Survey: The experiences of lesbian, gay, bisexual and transgender youth in our nation's schools.* New York: GLSEN.

#### **Developer's Contact Information**

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## **D6. Participant Role Questionnaire**

Students were told to fill out the questionnaire based on their evaluations of other student's behavior (this is a peer-nomination instrument). Students were provided with the following definition of bullying:

"One child being exposed repeatedly to harassment and attacks from one or several other children; harassment and attacks may be, for example, shoving or hitting the other one, calling names or making jokes of him/her, leaving him/her outside the group, taking his/her things, or any other behavior meant to hurt the other one."

The name of each student in the class is printed on the questionnaire. Respondents are asked to determine, on a 3-point scale (never, sometimes, often), how often each of their classmates behaves in the ways described.

The Bully Scale	Never	Sometimes	Often
1. Starts bullying			
2. Makes the others join in.			
3. Always finds new ways of harassing the victim			
The Assistant Scale		Sometimes	Often
1. Joins in the bullying, when someone else has started it			
2. Assists the bully.			
3. Helps the bully, maybe by catching the victim			
The Reinforcer Scale		Sometimes	Often
1. Comes around to see the situation.			
2. Laughs			
3. Incites the bully by shouting or saying: "Show him/her!"			
The Defender Scale		Sometimes	Often
1. Comforts the victim or encourages him/her to tell the teacher about the bullying			
2. Tells the others to stop bullying			
3. Tries to make the others stop bullying			
The Outsider Scale		Sometimes	Often
1. Is not usually present in bullying situations			
2. Stays outside the situation			
3. Doesn't take sides with anyone			

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#### **Scoring Instructions**

Points are assigned as follows: Never = 0, Sometimes = 1, Often = 2

Scale scores are computed by summing items ratings on each scale and dividing by the number of evaluators (i.e., the number of classmates present), producing a continuous score from 0.00 to 2.00 for each student on each scale.

#### References

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# **D7. Peer Estimated Conflict Behavior Inventory**

#### AN INVENTORY FOR THE MEASUREMENT OF CONFLICT BEHAVIOR IN SCHOOL CHILDREN

The purpose of this inventory is to find out what children do when they have problems with or get angry with other pupils in their class. We hope that you will, as honestly as possible, tell exactly how you and your friends act in such situations.

There are no right or wrong answers to these questions. You should only answer what you think is right.

The answers are secret. Nobody except for the researchers (no teachers or anybody else!) will ever know how you answered these questions.

Please answer all the questions carefully, still quickly. Use the first choice that comes to your mind; do not think too long.

Thank you for helping us

Country	School
City	Class and grade
Your first name	_
(if there is somebody else in your class with the same firs	st name, write the first letter of your last name, too)

Mark the right alternative.

1.	Are	vou

□ a girl

□ a boy

**2. How old are you?** \_\_\_\_\_ years old.

3. How tall are you? \_\_\_\_ cm/ft. in.

**4. How much do you weigh?** \_\_\_\_\_ kg/lbs.

5. Do you like going to school?

□ very much

☐ fairly much

☐ sometimes

☐ I don't really like it

☐ I really hate school

On the following pages, tell us how each of your classmates act when he/she has problems with or gets angry with another classmate.

Answer the questions on the following pages by marking the alternative which seems to tell about how each boy or girl in the class behaves in the closest way.

Please remember to mark for each one of your classmates, even those who may be away today.



<b>Physical Aggression:</b>	Who is physically	aggressive,	that is, wh	o hits, kic	cks, trips,	shoves, o	or pushes	others?
-----------------------------	-------------------	-------------	-------------	-------------	-------------	-----------	-----------	---------

Names of the pupils in the class:	Never	Seldom	Sometimes	Quite Often	Very Often
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

**Verbal Aggression:** Who is verbally aggressive, that is, who yells, insults, calls names, or teases others?

Names of the pupils in the class:	Never	Seldom	Sometimes	Quite Often	Very Often
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

**Indirect Aggression:** Who is indirectly aggressive, that is, who gossips, tells bad or false stories, says bad things behind the other's back, or tries to get others to dislike the person?

Names of the pupils in the class:	Never	Seldom	Sometimes	Quite Often	Very Often
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

**Constructive Conflict Resolution:** Who tries to solve his/her problems with others so that nobody will get hurt or sad, for instance by calming down the situation and talking the problems over?

Names of the pupils in the class:	Never	Seldom	Sometimes	Quite Often	Very Often
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

**Third-Party Intervention:** When others have problems, who goes between and tries to solve them, who stops fights between others?

Names of the pupils in the class:	Never	Seldom	Sometimes	Quite Often	Very Often
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

Withdrawal: Who withdraws from conflict, who goes away or gives in?

Names of the pupils in the class:	Never	Seldom	Sometimes	Quite Often	Very Often
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

**Victimization:** Who is the victim of others' aggression, who is for instance hit, teased, yelled at, or gossiped about?

Names of the pupils in the class:	Never	Seldom	Sometimes	Quite Often	Very Often
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

#### **Scoring Instructions**

Points are assigned as follows:

Never = 0 Seldom = 1

Sometimes = 2 Quite Often = 3

Very Often = 4

As a peer-nomination measure, the names of **all** students in the class should be listed in the first column on each table. Respondent data for fellow classmates are considered peer-estimated data, while data about him/herself are considered self-estimations.

Peer-estimated scores are computed by calculating the mean rating for each student: the sum of the *peer-nomination* ratings for each respondent (a respondent's self-estimation should be excluded when computing these scores) divided by the total number of respondents present, minus one (the child him/herself). Higher scores in each section indicate more experience with construct being assessed in that section.

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## **D8. Student School Survey**

#### **WELCOME TO THE SURVEY!**

We really appreciate your help. This survey is a series of statements allowing you to tell us how you think and feel about things in your school. Remember: we are only asking for what you think, not what other people think. There are no right and wrong answers, so please choose the answer that best tells us how you think or feel about each statement. If you do not wish to respond to the question, please choose the "pass" option.

**MY SCHOOL** Think about how strongly you disagree or agree with the following statements about your school. Mark the answer that best shows us what you feel based on your experience since this past year.

		Really Disagree	Disagree	Agree	Really Agree	Pass
1.	Students in my school can be trusted.					
2.	Students in my school generally get along with each other.					
3.	Students in my school generally feel the same way about things.					
4.	Teachers and staff in my school can be trusted.					
5.	Teachers and staff in my school usually get along with students.					
6.	Teachers and staff in my school generally feel the same way about things.					
7.	This is a pretty close-knit school where everyone looks out for each other.					
8.	My teachers respect me.					
9.	My teachers are fair.					
10.	Teachers in my school are nice people.					
11.	When students break rules at my school, they are treated fairly.					
12.	The principal asks students about their ideas at my school.					
13.	My school is a good place to be.					
14.	I feel like I belong at my school.					
15.	My school is important to me.					
16.	Teachers and staff at my school are doing the right things to prevent bullying.					

**HOW BIG A PROBLEM** Think about whether the following things are problems at your school. Mark the answer that shows how big of a problem you think they have been since this past year.

Hov	v much of a problem is:	A Huge Problem	A Pretty Big Problem	Sort of a Problem	Not at All	Pass
17.	Students picking fights with other students.					
18.	Students who push, shove, or trip weaker students.					
19.	Students who hurt or threaten to hurt teachers or adults at school.					
20.	Students teasing, spreading rumors and lies, or saying mean things to other students.					
21.	Students saying mean things about teachers to make them feel bad.					
22.	Students telling lies or making fun of other students using the Internet (email, instant messaging, cell phone text messaging, or websites).					

**GETTING ALONG WITH OTHERS** Think about how many times each of the following things has happened in over the past year. Mark how often these things have happened since this past year.

First, think	c about things you might have done.	A Lot	Several Times	Once or Twice	Never	Pass
	ed, shoved, tripped, or picked fights with students who I know eaker than me.					
24. I tease	ed or said mean things to certain students.					
25. I sprea	nd rumors about some students.					
	ies or made fun of some students using the Internet (email, instant ging, cell phone text messaging, or websites).					
27. lenco	uraged students to push, shove, or trip weaker students.					
28. I chee	red when someone was beating up another student.					
29. I joine	d in when students were teasing and being mean to certain students.					
30. I joine	d in when students told lies about other students.					
31. Istood	by and watched other students getting hit, pushed, shoved, or tripped.					
32. lignor	red rumors or lies that I heard about other students.					
33. I tried	to defend the students who always get pushed or shoved around.					
	d an adult to help someone who was getting teased, pushed, or d around by other students.					
Now, think	c about things that might have happened to you.	A Lot	Several Times	Once or Twice	Never	Pass
	icular student or group of students pushed, shoved, tripped, or I fights with me.					
36. A part	icular student or group of students teased and said mean things to me.					
37. A part	icular student or group of students spread rumors or made fun of me.					
	lent or group of students told lies or made fun of me using the et (email, instant messaging, cell phone text messaging, or websites).					

**ABOUT ME AND OTHERS** *Now, think about students your age (not just your closest friends) since this past year. Mark how true each of the following statements are for you.* 

Students my age:	No, Not at All	A Little	Pretty Much	Yes, Completely	Pass
39. Really care about what happens to me.					
40. Are there for me whenever I need help.					
41. Can be trusted a lot.					
42. Care about my feelings.					
43. Only think about themselves.					
44. Think bad things about me.					

ABOUT ME AND OTHERS Now, think about your opinion of yoursely	f since this	past year.	Mark whe	ther or not	you
agree or disagree with each of the statements below.					
	Really	Disagree	Agree	Really	Pas

	Really Disagree	Disagree	Agree	Really Agree	Pass
45. I feel I am just as good as other students.					
46. I feel there are lots of good things about me.					
47. All in all, I feel like a failure.					
48. I am able to do things as well as most other people.					
49. I feel I do not have much to be proud of.					
50. I take a positive attitude toward myself.					
51. I wish I could have more respect for myself.					
52. I certainly feel useless at times.					

**WRONG AND RIGHT** Now think about whether the following actions are WRONG or OK for students your age based on your experience since this past year. Mark whether you think the actions are really wrong, sort of wrong, sort of OK, or perfectly OK.

Is it Wrong or OK when	Really Wrong	Sort of Wrong	Sort of OK	Perfectly OK	Pass
53. Students tease weaker students in front of others.					
54. Students spread rumors and lies about other students behind their back	k. 🗆				
55. Students tell lies or make fun of less popular students using the Internet (email, instant messaging, cell phone text messaging, or websites).	t 🗆				
56. Students push, shove, or pick fights with weaker students.					
57. Students encourage others to fight weaker students and cheer them or	n. 🗆				
58. Students encourage others to be mean and spread lies about less popular students.					
59. Students ignore it when someone weaker is being pushed around.					
60. Students defend others who are being shoved around by stronger studen	nts.				
61. Students go to the teacher or an adult for help when someone is getting beaten up.					
62. Students go to the teacher or an adult for help when others are spread rumors and lies about someone.	ing 🗆				

**SITUATIONS** Think about what most STUDENTS in your SCHOOL would do in the following situations since this past year. Could MOST STUDENTS IN YOUR SCHOOL be counted on to stop what is happening?

STU	JDENTS in your school would help out if:	Never	Sometimes	Most of the Time	Always	Pass
63.	A student is making fun of and teasing another student who is obviously weaker.					
64.	A student is spreading rumors and lies about another student behind their back.					
65.	A student in my school is telling lies or making fun of another student who gets picked on a lot using the Internet (email, instant messaging, cell phone text messaging, or websites).					
66.	A student or group of students is pushing, shoving, or trying to pick a fight with a weaker student.					

**SITUATIONS** *Now think about what TEACHERS and STAFF at school would do in the following situations since this past year. Could TEACHERS AND STAFF AT YOUR SCHOOL be counted on to stop what is happening?* 

TEACHERS and STAFF in your school would help out if:			Sometimes	Most of the Time	Always	Pass			
67.	A student is making fun of and teasing another student who is obviously weaker.								
68.	A student is spreading rumors and lies about another student behind their back.								
69.	A student in your school is telling lies or making fun of another student who gets picked on a lot using the Internet (email, instant messaging, cell phone text messaging, or websites).								
70.	A student or group of students is pushing, shoving, or trying to pick a fight with a weaker student.								
	t Name Last Name ool Name	:							
Но	w old are you? □ 10-12 □ 13-15 □ 16-18 □	19 or old	er						
Wh	ich of the following do you most closely identify as y	your relig	gious affil	iation or	preferen	ice?			
	☐ White ☐ Hispanic/Latino ☐ African American								
	☐ Native American ☐ Asian/Pacific Islander ☐	Other							
	☐ Bi-racial ☐ Multi-racial								
Wh	at grade are you in? □ 5th □ 6th □ 7th □ 8th [	⊐ 9th 🛭	□ 10th □	⊐ 11th 🏻	☐ 12th				
Are	e you a? 🗆 Male 🗆 Female								
Но	w many BROTHERS do you have? $\Box$ None(0) $\Box$	One(1)	☐ Two(2	) \( \preceq \text{ Mc}	ore than tv	VO			
Но	w many SISTERS do you have? $\Box$ None(0) $\Box$	One(1)	☐ Two(2	) \( \preceq \text{ Mc}	ore than tv	VO			
Wh	ere are you in the birth order?   Only Child  Ol	dest $\square$	Second Ol	dest $\square$	Third or y	ounger			
Weı	re you born in the United States?	)							
The resp to a (see add	e Student School Survey employs several  bonse alternatives. Researchers are encouraged and assign item scores as appropriate. Scale scores e scale items below) can be computed either litively or as mean scores. They can also be	References Williams, K. R., & Guerra, N. G. (2007). Prevalence and predictors of internet bullying. <i>Journal of Adolescent Health</i> , <i>41</i> , s14–s21.  Developer's Contact Information  Williams and New C. Guerra in collabora							
treated as weighted factor scores.  Kirk R. Williams and Nancy G. Guerra in collation with The Colorado Trust The Colorado Trust The Colorado Trust The Colorado Trust 1600 Sherman Street Denver, CO 80203 Bully perpetration: Items 23–26 Bully bystander behavior: Items 27–34 Bully victimization: Items 35–38  Kirk R. Williams and Nancy G. Guerra in collation with The Colorado Trust The Colorado Trust 1600 Sherman Street Denver, CO 80203 Tel: 303-837-1200 or 888-847-9140 (toll-free) www.coloradotrust.org									

Perceived peer support: Items 39-44

Moral approval of bullying: Items 53–62 Informal social control: Items 63–70

Self-esteem: Items 45–52

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# **Appendix: Additional Measures**

Following is a table of scales identified during the literature review process for which CDC was unable to obtain copyright permission for their inclusion in this compendium.

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Rigby, K., & Slee, P.T. (1993). Dimensions of interpersonal relating among Australian school children and their implications for psychological well-being. <i>Journal of Social Psychology, 133,</i> 33–42.
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